

Crossing Over

拍数: 48 墙数: 4 级数: Intermediate/Advanced
编舞者: Betty Clarke (CAN)
音乐: Don't Be Stupid (You Know I Love You) - Shania Twain



HEEL TAPS; SIDE TOE TOUCHES; X OVER; 1 / 2 TURN LEFT

1& Touch bottom of right heel beside left toe; step right in place
2& Touch bottom of left heel beside right toe; step left in place
3& Touch bottom of right heel beside left toe; step right in place
4& Touch bottom of left heel beside right toe; step left in place
5&6& Touch right toe to side; step right in place; touch left toe to side; step left in place
7-8 Cross right over left; unwind with 1 / 2 turn left

Suggested variation: On 5&6& 7-8 Jumping Jack-Jump both feet out to side; Jump together, crossing right over left; ½ turn Left; Clap

HEEL TAPS; SIDE TOE TOUCHES; X OVER; ½ TURN RIGHT

1& Touch bottom of left heel beside right toe; step left in place
2& Touch bottom of right heel beside left toe; step right in place
3& Touch bottom of left heel beside right toe; step left in place
4& Touch bottom of right heel beside left toe; step right in place
5&6& Touch left toe to side; step left in place; touch right toe to side; step right in place
7-8 Cross left over right; unwind with 1 / 2 turn right

Suggested variation: On 5&6& 7-8 Jumping Jack-Jump both feet out to side; Jump together, crossing left over right; 1 / 2 turn Right; Clap

HEEL BALL CROSS; SIDE SHUFFLE; KICK BALL CROSS; GRAPEVINE

1&2 Touch right heel forward; step right back; step left across right
3&4 Step right to side; step left beside right; step right to side
5&6 Kick left forward; step left back; step right across left
&7&8 Step left to side; cross right behind left; step left to side; cross right in front of left

STOMP; KICK; HOOK; STEP-LOCK-STEP

1&2 Stomp left beside right; kick left diagonally left; hook left across right shin
3&4 Step left diagonally left; slide right up beside outside of left; step left diagonally left
5&6 Stomp right beside left; kick right diagonally right; hook right across left shin
7&8 Step right diagonally right; slide left up beside outside of right; step right diagonally right

Suggested variation: On 3&4 and 7&8 put in a full turn in place of step-lock-steps

SHUFFLE BACK; ¼ TURN RIGHT; SHUFFLE SIDE; ¼ TURN RIGHT; SHUFFLE FORWARD, OUT-OUT IN-IN

1&2 Step left back; step right beside left; step left back turning ¼ right
3&4 Step right to side; step left beside right; step right forward turning ¼ right
5&6 Step left forward; step right beside left; step left forward
&7&8 Step right to side; step left to side; step right back to center; step left beside right

Suggested variation: On 3&4 put in a one and turn ¼ right

STOMP CROSSOVERS (MOVING BACK) SIDE SHUFFLE; ¼ TURN LEFT; BRUSHES

1&2 Stomp right over left; step left back; step right beside left
&3& Stomp left over right; step right back; step left beside right
4 Stomp right over left (weight right)
5&6 Step left to side; step right beside left; step left forward turning ¼ left
7-8 Brush right diagonally right; brush back (keep foot low, using only your ankle)

Suggested variation: On 1&2&3&4 do Apple Jacks

REPEAT
