

Crossfire

拍数: 32 墙数: 2 级数: Improver
编舞者: D.J. Lansaw (USA)
音乐: Me and Maxine - Sammy Kershaw



KNEE ROLLS SLOW AND FAST

- 1-2 Roll right knee in to the right direction (two counts)
- 3-4 Roll left knee in to the left direction (two counts)
- 5-6 Roll right knee in to the right direction, roll left knee to the left
- 7-8 Repeat steps 5, 6 (weight on left)

FORWARD SHUFFLES, STEP, LOCK, STEP, SCUFF

- 9&10 Step right foot forward, slide left foot up next to right foot, step right foot forward
- 11&12 Step left foot forward, slide right foot up next to left foot, step left foot forward
- 13-14 Step right foot forward, slide left foot up next to and to right side of right foot
- 15-16 Step right foot forward, scuff left foot forward (weight on right, left foot in air)

JAZZ BOXES WITH SCUFF

- 17-18 Step left foot across in front of right foot, step right foot backward
- 19-20 Step slightly to left side on left foot, scuff right forward
- 21-22 Step right foot across in front of left foot, step left foot backward
- 23-24 Step slightly to right side on right foot, scuff left foot forward

LEFT STEP FORWARD, ½ PIVOT RIGHT, HEEL TOUCH, HOLD, SWITCH, HEEL TOUCH, HOLD, STOMP RIGHT, STOMP LEFT

- 25-26 Step down on left foot, pivot ½ turn right shifting weight to right foot
- 27-28 Touch left heel forward, hold one count (clap optional)
- & Step left foot next to right foot
- 29-30 Touch right heel forward, hold one count (clap optional)
- 31-32 Stomp right foot next to left foot, stomp left foot next to right foot

REPEAT
