

The Cross Walk

拍数: 56 墙数: 1 级数: Intermediate
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音乐: Dumas Walker - The Kentucky Headhunters



RIGHT KICK-BALL CHANGES, TOE TOUCHES, CROSS STEPS, REPEAT

- 1 Kick right foot forward
- & Step on ball of right foot next to left
- 2 Shift weight onto left foot
- 3&4 Repeat beats 1&2
- 5 Touch right toe to the right
- 6 Cross right foot in front of left and step
- 7 Touch left toe to the left
- 8 Cross left foot in front of right and step
- 9-16 Repeat beats 1-8

ROCKING CHAIR, MILITARY PIVOT TO THE LEFT, STOMPS

- 17 Step forward on right foot
- 18 Rock back onto left foot
- 19 Step back on right foot
- 20 Rock forward onto left foot
- 21 Step forward on right foot
- 22 Pivot ½ turn to the left on ball of right foot and shift weight to left foot
- 23 Stomp right foot next to left
- 24 Stomp left foot next to right (stomp down)

SIDE SHUFFLES, ROCK STEPS

- 25&26 Shuffle sideways to the right (right-left-right)
- 27 Cross left foot behind right and step
- 28 Rock forward onto right foot
- 29&30 Shuffle sideways to the left (left-right-left)
- 31 Cross right foot behind left and step
- 32 Rock forward onto left foot

STEP-BRUSHES

- 33 Step forward on right foot
- 34 Brush left foot forward
- 35 Step forward on left foot
- 36 Brush right foot forward
- 37-40 Repeat beats 33-36

TURNING JAZZ SQUARES

- 41 Cross right foot over left and step
- 42 Step back onto left foot in place
- 43 Step slightly to the right on right foot making a ¼ turn to the right with the step
- 44 Step left foot next to right
- 45-48 Repeat beats 41-44

WALK FORWARD, KICK, WALK BACK, COASTER

- 49 Walk forward on right foot
- 50 Walk forward on left foot

- 51 Walk forward on right foot
- 52 Kick left foot forward
- 53 Walk back on left foot
- 54 Walk back on right foot
- 55 Step back on left foot
- & Step right foot next to left
- 56 Step forward on left foot

REPEAT
