

# Cross My Heart

COPPER KNOB  
STEPSHEETS

拍数: 64      墙数: 4      级数: Advanced west coast swing  
编舞者: Cato Larsen (NOR)  
音乐: Cross My Heart - A\*Teens



## TOE TAP'S, STEP, ½ TURN, FULL TURN PENCIL SPIN, OUT-OUT, KNEE POP

1&-2&      Tap right toe forward, step right next to left, tap left toe forward, step left next to right  
3-4      Step forward on right, pivot ½ turn left  
5      Pivot full turn left touching right toe next to left  
&6      Step right slightly right, step left slightly left  
7-8      Pop right knee in towards left knee, pop right knee out turning ¼ turn right

## AND CROSS, SIDE, AND CROSS, SIDE, AND POINT, FLICK, CROSS, ¼ TURN

&1-2      Step ball of right slightly back, cross left over right, step right to right side  
&3-4      Step ball of left slightly back, cross right over left, step left to left side  
&5      Step ball of right slightly back, cross left over right  
&6      Touch right toe to right side, turning body slightly left diagonal; flick right foot out and back  
7-8      Cross right over left, pivot ¼ turn right stepping back on left

## STEP BACK, COASTER STEP, STEP FORWARD & OUT, HOLD, TOGETHER, SIDE, SLIDE & TOUCH

1      Step back on right  
2&3      Step back on left, step right next to left, step forward on left  
4      Step forward on right  
&5-6      Step forward on left, step right slightly right, hold  
&7-8      Step left next to right, step right to right side, slide left to touch beside right

## SYNCOPATED ROLLING VINE, POINT & SWITCH INTO A SYNCOPATED MONTEREY TURN, TOE POINTS

1-2&      Step left 1/ turn left, pivot ½ turn left stepping back on right, pivot ¼ turn left stepping left to left side  
3-4      Cross right over left, point left toe to left side  
&5      Step left next to right, point right toe to right side  
&6      Pivot ½ turn right stepping right next to left, point left toe to left side  
7-8      Point left toe forward across of right, point left toe to left side

## TWINKLE LEFT, POINT & POINT, TWINKLE RIGHT, CROSS, HITCH ¼ TURN

1&2      Step left diagonally across of right, step right diagonally forward right, step left diagonally forward left  
3-4      Point right toe forward across of left, point right toe to right side  
5&6      Step right diagonally across of left, step left diagonal forward left, step right diagonal forward right  
&7-8      Step left diagonally across of right, turning ¼ turn left hitch your right knee, hold

## ROCK STEP, TRIPLE FULL TURN, SIDE, TAP & STEP, CROSS, UNWIND FULL TURN

1-2      Step forward on right, rock back (recover) on left  
3&4      Triple full turn right stepping right, left, right  
5&6      Step left to left side, tap right toe to right side, step down on right foot where it is  
7-8      Cross left over right, unwind full turn right

## SWEEP INTO A SAILOR STEP, HOLD, SIDE STEPS WITH SHOULDER POPS RIGHT

1      Sweep right out in front and back ready to do a sailor step.  
2&3-4      Sailor step right, hold

- &5 Step left next to right, step right to right side  
6-7 Lean onto right leg and pop left shoulder diagonally forward and down towards the floor twice  
8 Rise up to an upstanding position

**SIDE STEPS WITH SHOULDER POPS LEFT, AND STEP, ¼ TURN, AND STEP, ¼ TURN**

- &1 Step right next to left, step left to left side  
2-3 Lean onto left leg and pop right shoulder diagonally forward and down towards the floor twice  
4 Rise up to an upstanding position  
&5-6 Step ball left slightly back, step forward on right, pivot ¼ turn left. (weight ends on right)  
&7-8 Step ball left slightly back, step forward on right, pivot ¼ turn left. (weight ends on left)

**REPEAT**

---