

Creepin' In

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: The Listeners (CH)
音乐: Creepin' In - Norah Jones & Dolly Parton



TOUCH, TURN ¼ RIGHT, TOUCH, STEP, KICK BALL CHANGE, RIGHT OVER LEFT, ½ TURN LEFT

- 1 Left foot touch on left side
- & Left hook in front of right knee
- 2 ¼ turn right, left foot touch on left side
- 3 Cross left foot over right
- 4 Right foot touch on right side
- 5 Right foot kick forward
- & Right toe step beside left
- 6 Weight back on left
- 7 Cross right foot over left
- 8 ½ turn left

RIGHT CHASSE, SIDESTEP LEFT ¼ TURN LEFT, ½ TURN LEFT, MAMBO STEP LEFT BACK, MAMBO STEP RIGHT FORWARD

- 9 Side step to the right
- & Left foot beside right
- 10 Side step to the right
- 11 Step left to left ¼ turn left
- 12 ½ turn left (weight on right)
- 13 Step back on left foot
- & Rock back on right
- 14 Step left beside right
- 15 Step forward on right
- & Rock back on left
- 16 Step right beside left

MODIFIED SAILOR STEP LEFT, MODIFIED SAILOR STEP RIGHT, STEP LEFT, STEP RIGHT, TRIPLE STEP WITH ½ TURN LEFT

- 17 Side step to the left
- & Rock back on right foot
- 18 Left foot beside right
- 19 Side step to the right
- & Rock back on left foot
- 20 Right foot beside left
- 21 Step forward left
- 22 Step forward right
- 23 Turn ¼ left and step left foot to the left
- & Step together with right
- 24 Turn ¼ left and step forward with left

SIDESTEP, HEEL, BACK, RIGHT OVER LEFT, SIDESTEP, HEEL, BACK, LEFT OVER RIGHT, STEP RIGHT, ¼ TURN LEFT

- 25 Step right to right
- 26 Touch left heel forward
- & Step back with left foot
- 27 Cross right foot over left

- 28 Step left to left
- 29 Touch right heel forward
- & Step back on right foot
- 30 Cross left foot over right
- 31 Step right to the right
- 32 Rock back to the left and make $\frac{1}{4}$ turn left

SCISSOR STEPS RIGHT, HOLD, SCISSOR STEPS LEFT, HOLD

- 33 Side rock step to the right
- 34 Replace weight on left and close left foot slightly behind right (turn body 45 degrees to the left)
- 35 Cross right foot over left
- 36 Hold
- 37 Side rock step to the left
- 38 Replace weight on right and close right foot slightly behind left (turn body 45 degrees to the right)
- 39 Cross left foot over right
- 40 Hold

HEEL GRIND RIGHT, COASTER STEP RIGHT, HEEL GRIND LEFT $\frac{1}{4}$ TURN LEFT, COASTER STEP LEFT

- 41 Right heel forward
- 42 Move toes to the right (heel stays put)
- 43 Step back with right foot
- & Step left beside right
- 44 Right step forward
- 45 Left heel forward
- 46 Move toes to the left with $\frac{1}{4}$ turn left
- 47 Step back on left foot
- & Step right beside left
- 48 Left step forward

HEEL SLIDE, HEEL SLIDE, RIGHT OVER LEFT, $\frac{3}{4}$ TURN LEFT, KICK

- 49 Right foot forward (45 degrees to the right)
- 50 Slide left foot up to right
- 51 Right foot forward (45 degrees to the right)
- 52 Slide left foot up to right

Arm movements:

- 49 Push arms forward as if grabbing a chair
- 50 Pull arms back

Repeat for count 51, 52

- 53 Cross right foot over left
- 54 $\frac{1}{4}$ turn left
- 55 $\frac{1}{2}$ turn left
- 56 Left foot kick forward and clap

LEFT OVER RIGHT, TAP, STEP $\frac{1}{4}$ TURN RIGHT, HEEL, HEEL, DOWN, HEEL, DOWN, LEFT OVER RIGHT, $\frac{1}{4}$ TURN RIGHT

- 57 Cross left foot over right
- 58 Tap right foot behind left
- 59 Right step with $\frac{1}{4}$ turn right
- 60 Left heel forward
- 61 Tap left heel
- & Step down on left toes

62 Step forward on right heel
& Step down on right toes
63 Cross left over right
64 ¼ turn to the right

REPEAT

TAG

At the end of wall two

HOP FORWARD (LEFT, RIGHT), HOP BACK (LEFT, RIGHT), HEELS UP, HEELS DOWN, HEELS UP, HEELS DOWN, HOP FORWARD (RIGHT, LEFT), HOP BACK (RIGHT, LEFT), HEELS UP, HEELS DOWN, HEELS UP, HEELS DOWN

&1 Hop forward on left foot, put right foot beside left
&2 Hop back on left foot, put right foot beside left
&3 Lift heels (knees bend), put heels down
&4 Lift heels (knees bend), put heels down
&5 Hop forward on right foot, put left foot beside right
&6 Hop back on right foot, put left foot beside right
&7 Lift heels (knees bend), put heels down
&8 Lift heels (knees bend), put heels down

Dance ends with 33-40 danced twice
