

Crazy Kicking

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Alison Holmes (UK), Lisa Hawkrigg (UK) & Tina Appleby (UK)
音乐: Let's Go Crazy - Ethan Allen



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- 1-2 Stomp right, point left (to left side)
3-4-5 Stomp left, right, left
6-7 Point right to right side, hook right in front of left
- 8&9 Step lock step (right, left, right)
10-11-12 Three hops back on right foot
13-14 Two side kicks (kick left out to left side)
15&16 Behind side cross (left behind right, right to right side, cross left over right)
- 17-18 Two side kicks (kick right out to right side)
19&20 Behind side turn (right behind left, left to left side making a ¼ turn to left)
21-22 Lunge (with attitude) over left foot holding for 1 count
23-24 Make a ½ turn over right shoulder coming upright and placing feet together (weight on left)
- 25-28 Heel switches with a body roll - heels right, left, right with a body roll
29-32 Heel switches with a body roll - heels left, right, left with a body roll
- 33-36 Cross right over left, flick left behind, cross left over right and unwind a ½ turn over right shoulder
- 37&38 Step, lock, step (right, left, right)
39-40 Full turn in two counts over right shoulder
- 41&42 Point left to left side, point right to right side
43&44 Cross right over left, unwind ½ turn over left shoulder
45&46 Step, lock, step (right, left, right)
47&48 Step, lock, step (left, right, left)

REPEAT
