Crazy Jimmy

拍数: 48

级数: Intermediate

编舞者: Jimmy Smith (USA)

音乐: Whatever - Ideal Us

2X RIGHT TWINKLE, LEFT TWINKLE (TRAVELING FORWARD)

- 1&2 Cross-step right foot diagonally forward in front of left, step to left side with left foot, recover weight on right foot
- 3&4 Cross-step left foot diagonally forward in front of right, step to right side with right foot, recover weight on left foot
- 5&6 Repeat 1&2
- 7&8 Repeat 3&4

RIGHT SWEEP/TOE TOUCH, SHUFFLE FORWARD, 2X MODIFIED JAZZ BOX

- 1-2 Make 1/2 turn to left sweeping right foot in wide arc from side to front, touch right toe in front of left foot
- 3&4 Step right foot forward, step left foot next to right, step right foot forward
- 5&6 Cross left foot over right, step right foot behind left foot, step left foot beside right
- 7&8 Cross right foot over left, step left foot behind right foot, step right foot beside left

2X ROGER RABBIT/ROCK STEP

- 1& Step left behind right, swing right out to right side
- 2& Step right behind left, swing left out to the left side
- 3& Step left behind right, rock forward right
- 4& Rock back left, swing right out to right side
- 5& Step right behind left, swing left out to left side
- 6& Step left behind right, swing right out to right side
- 7&8 Step right behind left, rock forward left, rock back right

SYNCOPATED TOUCHES SIDE TO SIDE, FORWARD BACK, CONTRACTIONS TRAVELING FORWARD

- 1&2 Touch left toe to left side, step left next to right, touch right toe to right side
- &3 Step right next to left, touch left heel forward
- &4& Step left next to right, touch right toe back, step right next to left
- 5 Place left foot forward (no weight) turning slightly to right and "sit" back onto right leg with both knees slightly bent and with hands on thighs (head will be forward of your hips)
- 6 Straighten up facing forward and shift weight to left foot
- 7-8 Repeat counts 5-6

2X RUNNING MAN WITH TWIST

- 1& Step right forward while sliding left diagonally back, slide right back to center while hitching left knee
- 2& Step left forward while sliding right diagonally back, slide left back to center while hitching right knee
- 3& Step right forward while sliding right diagonally back, twist both heels to right
- 4& Twist heels back to center, hitch left knee
- 5& Step left forward while sliding right diagonally back, slide left back to center while hitching right knee
- 6& Step right forward while sliding left diagonally back, slide right back to center while hitching left knee
- 7&8 Step right forward while sliding left diagonally back, twist both heels to right, twist heels back to center





墙数:4

HOP OUT, C	ROSS-HOP, 1/4 TURN,	STEP/BODY ROLL	, TOE TOUCH,	MONTEREY TURN,	SHUFFLE
FORWARD					
1&2	Hon out with both fe	et hon crossing righ	nt over left turn	1/2 to left	

- 1&2 Hop out with both feet, hop crossing right over left, turn ¼ to left
- 3-4 Step left foot forward with body roll, touch right toe next to left
- 5-6 Touch right toe to right side, turn ½ turn right as place weight on right foot
- 7&8
 Step left foot forward, step right foot next to left, step left foot forward

REPEAT