

Crazy Dance

COPPER KNOB
BY STEPHEN BRETZ

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Heather Frye (CAN)
音乐: Why Not (McMix) - Hilary Duff



SIDE ROCK STEP, LEFT SAILOR STEP, STEP RIGHT FORWARD, STEP LEFT TOGETHER, MASHED POTATO BACK

- 1-2 Rock side left, recover weight onto right
3&4 Cross step left behind right (angle body slightly), step right to side, step left slightly forward to left side
5-6 Step forward onto right, step left beside right
&7&8 Lift right foot slightly off floor and turn both toes in/heels out, step back onto right foot as you turn both toes out/heels in, lift left foot slightly off floor and turn both toes in/heels out, step back onto left foot as you turn both toes out/heels in

SIDE ROCK STEP, RIGHT SAILOR STEP, STEP LEFT FORWARD, TOUCH RIGHT, MASHED POTATO BACK

- 1-2 Rock side right, recover weight onto left
3&4 Cross step right behind left (angle body slightly), step left to side left, step right slightly forward to right side
5-6 Step forward onto left, touch right beside left
&7&8 Lift right foot slightly off floor and turn both toes in/heels out, step back onto right foot as you turn both toes out/heels in, lift left foot slightly off floor and turn both toes in/heels out, step back onto left foot as you turn both toes out/heels in

KICK BALL CROSS, MONTEREY ½ TURN RIGHT, SHUFFLE SIDE RIGHT, BEHIND BALL CROSS

- 1&2 Kick right forward on an angle, step back onto right foot, cross step left in front of right
3-4 Touch toes side right, pivot ½ turn right on left foot and touching right beside left and raising right shoulder
5&6 Step side right dipping right shoulder, step left beside right raising right shoulder, larger step side right dipping right shoulder
7-8 Cross step left behind right, step side right, step left in front of right

PADDLE ¼ TURN LEFT, SYNCOPATED RIGHT JAZZ BOX, STEP FORWARD LEFT, RIGHT TOGETHER

- 1&2& Hitch right knee turning 1/8 turn left, touch toes side right, hitch right knee turning ¼ turn left, touch toes side right
3&4 Hitch right knee turning ¼ turn left, touch toes side right, hitch right knee turning 1/8 turn left, touch toes side right
5-6 Cross right over left, step back onto left, step side right
7-8 Step forward onto left, step right beside left

Add a body roll as a styling option

REPEAT

TAG

At the end of the third wall (facing 3:00)

- 1-2 Kick left forward, pivot ½ turn left on right stepping forward onto left foot
3&4 Triple ½ turn left stepping right, left, right
5&6 Kick left foot forward, step out on left foot, step out on right foot
7&8& Bump hips left, right, left, right