

Crazy

拍数: 48 墙数: 4 级数:
编舞者: Andrew Chalk (UK)
音乐: Man! I Feel Like a Woman! - Shania Twain



RIGHT GRAPEVINE WITH A TOUCH

- 1 Step right to right side
- 2 Cross left behind right
- 3 Step right to right side
- 4 Touch left beside right

LEFT GRAPEVINE WITH A TOUCH

- 5 Step left to left side
- 6 Cross right behind left
- 7 Step left to left side
- 8 Touch right beside right

SIDE STEP TOUCHES STEPPING BACKWARDS, ROCK BACK & FORWARD

- 9 Point right toe to right side
- 10 Cross right behind left taking weight
- 11 Point left toe to left side
- 12 Cross left behind right taking weight
- 13 Point right toe to right side
- 14 Cross right behind left taking weight
- 15 Point left toe to left side
- 16 Cross left behind right taking weight
- 17 Rock back on right foot
- 18 Rock forward on left

4 TOE TAPS

- 19 Tap right toe forward, taking weight
- 20 Tap left toe forward, taking weight
- 21 Tap right toe forward, taking weight
- 22 Tap left toe forward, taking weight

KICK BALL CHANGE WITH A STOMP AND TOE FAN

- 23 Kick right forward
- & Step right beside left
- 24 Step left back in place
- 25 Stomp right, fan right toe out to the right and return to center
- 26 Fan right toe out to the right and return to center
- 27 Kick left forward
- & Step left beside right
- 28 Step right back in place
- 29 Stomp left, fan left toe out to the left and return to center
- 30 Fan left toe out to the left and return to center

LEFT SWIVET

- 31-32 Taking weight on left heel and right toe, twist both toes to the left and return to center

LEFT SLIDE

- 33 Touch left to left side, taking weight
34-36 Slide right next to left

HEEL SWITCHES WITH RIGHT KICK

- 37 Touch left heel forward
&38 Step left beside right, touch right heel forward
&39 Step right beside left, touch left heel forward
&40 Kick right foot forward twice
41 Touch left heel forward
&42 Step left beside right, touch right heel forward
&43 Step right beside left, touch left heel forward
&44 Kick right foot forward twice

LEFT ½ PIVOT TURN & ¼ PIVOT TURN

- 45 Step forward on right
46 Pivot ½ turn left
47 Step forward on right
48 Pivot ¼ turn left

REPEAT
