

Crazy

拍数: 66 墙数: 2 级数: Intermediate
编舞者: Cindy Truelove (AUS)
音乐: Gotta Get a Little Crazy - The Bellamy Brothers



CROSSES/STEPS FWD

- 1-2 Cross/step right over left, hold one count
- 3-4 Cross/step left over right, hold one count
- 5-6 Cross/ step right over left, cross/step left over right
- 7-8 Cross/touch right over left, hold one beat (but no weight on right)

STEP/TOUCHES/CLAPS BACK

- 9-10 Step right back at 45 degrees, touch left next to right and clap
- 11-12 Step left back at 45 degrees, touch right next to left and clap
- 13-14 Step right back at 45 degrees, touch left next to right and clap
- 15-16 Step left back at 45 degrees, touch right next to left and clap

TOE-HEEL-STOMP (X2)

- 17-18 Angle right toe in and touch next to left, angle right toe out and touch heel next to left
- 19-20 Stomp right (down) next to left, hold one count
- 21-22 Angle left toe in and touch next to left, angle left toe out and touch heel next to right
- 23-24 Stomp right (down) next to left, hold one count

TOE STRUTS AND FINGER SNAPS FWD

- 25-26 Touch ball of right forward at 45 degrees, step heel of right down-snap fingers of both hands
- 27-28 Touch ball of left forward at 45 degrees, step heel of left down-snap fingers of both hands
- 29-30 Touch ball of right back at 45 degrees, step heel of right down-snap fingers of both hands
- 31-32 Touch ball of left back at 45 degrees, step heel of left down-snap fingers of both hands

FINGER SHAKES

Body angles 45 degrees right of original wall on next 4 counts:

- 33 Step right $\frac{1}{4}$ to right-heel of left will swivel to left and you point and shake finger of right hand as if scolding someone
- 34-36 Shake finger three more times

Body angles 45 degrees left of original wall on next 4 counts:

- 37-40 Swivel on balls of both feet $\frac{1}{2}$ to left reversing position of step 33 and shake finger 4 times

MONTEREY TURNS

- 41-42 Point right to side, turn $\frac{1}{2}$ right and step right next to left
- 43-44 Point left to side, step left next to right
- 45-46 Point right to side, turn $\frac{1}{2}$ right and step on right next to left
- 47-48 Point left to side, step left next to right

KICKS, SYNCOPATED SPLITS AND 'CRAZY SHIMMY'

- 49-50 Kick right forward twice
- &51-52 Quickly step right to right side, quickly step left to left side, hold and clap
- &53-54 Quickly step left in to center, quickly step right in to center, hold and clap
- 55-56 Kick right forward twice

TURNING SWIVELS

- 57-58 Step right forward, bending both knees make a $\frac{1}{4}$ turn left (with a scooping hip movement) ending with legs straight

59-60 Bend knees and turn $\frac{1}{4}$ right (with a scooping hip movement ending with legs straight)

CRAZY SHIMMY

61-66 Raise hands so that palms facing forward at about shoulder height or slightly above -shimmy shoulders (like a washing machine) as you turn $\frac{1}{2}$ to left.

REPEAT

TAG

To make the dance perfectly phrased to the music, use this 16-count shuffle sequence.

1&2 Right shuffle forward
3&4 Left shuffle forward
5&6 Right shuffle forward
7 Stomp left
8 Kick left forward
9&10 Left shuffle back
11&12 Right shuffle back
13&14 Left shuffle back
15-16 Stomp right twice

Dance will be perfectly phrased when danced in this order

1 Regular sequence starts with vocals
2 One shuffle sequence
3 Regular sequence
4 Two shuffle sequences
5 Two regular sequences
6 At very end repeat sections vii, viii and ix-drop hands on last beat of music

EXTRA TIP: During last sequence when vocals say "Gotta, gotta, gotta, cut loose, loose, loose"-it is fun to do side shimmies right then left instead of the finger shaking-and CUT LOOSE!
