

Crawlin' Funky

COPPER KNOB
STEPPERS

拍数: 32 墙数: 0 级数:
编舞者: Jim Wells (USA) & Judy Wells (USA)
音乐: Don't Take Your Love Away from Me - Randy Travis



THE CRAWL

- 1 Cross right over left and step on it
- 2 Step left foot to left side
- 3 Cross right over left and step on it
- 4 Step left foot to left side
- 5 Step back on right
- 6 Rock forward on left
- 7 Step right to right
- 8 Cross left over right and step on it
- 9 Step right to right
- 10 Cross left over right and step on it
- 11 Step back on right foot
- 12 Rock forward on left foot

CIRCLE, UNWIND, WALK BACK, HEEL LIFT, HOLD

- 13-14 Circle right toes to left side of left foot (legs should be crossed at knees on count 14)
- 15-16 Unwind, turning $\frac{1}{2}$ turn to the left, placing weight on right foot
- 17-18 Walk back, left, right
- 19 Lift left heel, bringing left knee up
- 20 Hold

HEEL BOUNCES, KNEE BUMPS

On counts 21-26, angle the body slightly to the right

- 21-22 Bounce left heel twice (weight down on count 22, bringing right heel off floor)
- 23-24 Bounce right heel twice (weight down on count 24)
- 25-28 Bump knees together four times (ending with weight on right)

HEEL SWITCH SYNCOPATIONS

On the first "& count" when you step back on left foot, face forward

- & Step back on left
- 29 Touch right heel forward
- & Step right foot home
- 30 Touch left heel forward
- & Step left foot to the left side
- 31 Point right toe to right side
- 32 Hold

REPEAT

CHOREOGRAPHERS' STYLING SUGGESTIONS:

During counts 1-12, bend your knees to slightly lower yourself to the floor. During counts 21-24, again lower yourself slightly to the floor while bumping knees together. During counts 25-28, bump your elbows to your sides as you are bumping your knees together.