

Crank It Up

COPPER KNOB
BY STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Matt Wedow
音乐: A Little Bit Of Life - Craig Morgan



RIGHT HEEL FORWARD, LEFT TOE BACK, 2 TOE POINTS, SWEEP HALF TURN

1-2& Lean upper body back while touching right heel forward, hold, step left foot next to right
3-4& Lean upper body forward while touching left toe back, hold, step right foot next to left
5&6& Point right toe right, step right foot next to left, point left toe left, step left foot next to right
7-8 Sweep right foot in front of left making $\frac{1}{2}$ turn over left shoulder, step right foot next to left

LEFT SAILOR, RIGHT SAILOR, MONTEREY $\frac{1}{2}$ TURN

1&2 Step left foot behind right foot, step right foot next to left foot, step forward diagonally onto left foot
3&4 Step right foot behind left foot, step left foot next to right foot, step forward diagonally onto right foot
5-6-7-8 Point left toe left, $\frac{1}{2}$ turn over left shoulder stepping left foot next to right foot, point right toe to right, step right foot next to left foot

LEFT SHUFFLE BACK, RIGHT COASTER, 2 STEPS FORWARD, COASTER LEFT, SCUFF $\frac{1}{4}$ TURN LEFT

1&2 Shuffle back left, right, left
3&4 Step back on right foot, step left foot next to right foot, step forward with right foot
5& Step forward quickly on left foot, quickly bring right foot next to left foot, shift weight right
6& Step backward quickly onto left foot, quickly bring right foot next to left foot, shift weight right
7&8& Step forward left foot, scuff right foot forward making $\frac{1}{4}$ left, touch left toe next to right

LEFT LOCK STEP, STEP RIGHT $\frac{1}{2}$ TURN, 2 KICKS, RIGHT TOE, LEFT HEEL

1&2 Step left foot in front of right foot, lock right foot behind left foot, step left foot forward
3&4 Step forward right, $\frac{1}{2}$ turn over left shoulder shifting weight to left foot
5&6& Kick right foot forward, step right foot next to left foot, kick left foot backwards, step left foot next to right foot
7&8& Touch right toe back, step right foot next to left foot, touch left heel forward, step left foot next to right foot shifting weight left

REPEAT

RESTART

When first chorus ends restart dance (after Monterey)

When the second chorus ends restart dance (after step $\frac{1}{2}$ turn)

TAG

Repeat last 4 counts at the end of the 4th verse before the 3rd chorus