

Cows*** On My Boots

COPPER KNOB
STEPPERS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Ulla Jespersen (DK)
音乐: Jeg er En Simpel Røgter - Totalpetroleum



Count 5-6-7-8 while they sing: "Jeeeeeeeeeeeej" and start dance on "er", as the music really starts
This dance is dedicated to Jørn Hansen, Kaktus-Klubben, as a tribute to his never-ending work in spreading the interest for good Country-music. (so-called "cows*** music" as the Danes say. J And one of Jørn's favorite expressions!)

FORWARD, HEEL, TOE, KICK BALL CHANGE TWICE

1-2 Forward right, left
3-4 Touch right heel forward, step right foot together
5-6 Touch left toe backwards, step left foot together
7&8 Kick right foot forward, step together, change weight to left foot
9-16 Repeat 1-8

POINT, STEP/POINT, STEP/HEEL, STEP/TOUCH BACK, SHUFFLE, ROCK STEP TWICE

1 Touch right foot to right side
&2 Step right foot next to left foot and touch left foot to left side
&3 Step left foot next to right foot and touch right heel forward
&4 Step right foot next to left foot and touch left foot back
5&6 Shuffle back left, right, left
7-8 Step (rock) back on right, recover on left
9-12 Repeat 1-4
13&14 Shuffle forward left, right, left
15&16 Step (rock) forward on right, recover on left

SIDE ROCK, CROSS-SHUFFLE TWICE

1-2 Step right on right, recover on left
3&4 Cross right over left, step left to left, cross right over left
5-6 Step left on left, recover on right
7&8 Cross left over right, step right to right, cross left over right

STEP, PIVOT, SHUFFLE TWICE

1-2 Step forward on right, pivot left
3&4 Shuffle forward right, left, right
5-6 Step forward on left, pivot right
7&8 Shuffle forward left, right, left

HEEL-HOOK, HEEL-SWITCHES

1&2 Right heel forward, hook right leg across left leg, right heel forward
& Step right foot next to left
3&4 Left heel forward, hook left leg across right leg, left heel forward
& Step left foot next to right
5&6 Right heel forward, step next to left, left heel forward
&7-8 Step left next to right and right heel forward, flick right foot up and out, snap fingers on boot

4 SHUFFLE'S MAKING A ¾ TURN

1&2 Shuffle right, left, right while making ¼ turn to the right
3&4 Shuffle left, right, left while making ¼ turn to the right
5&6 Shuffle right, left, right while turning slightly to the right

7&8 Shuffle left, right, left, ending the turn facing 9:00 wall

REPEAT

On 3, wall ignore the change in the music and carry on

TAG

On 4, wall skip counts 17-32 and go straight to

33 Side rock, cross-shuffles

And so on
