

Cowgirl Saddle

拍数: 32 墙数: 2 级数: Intermediate/Advanced
编舞者: Nancy Van Haeken (BEL)
音乐: Saddle Up - Garth Brooks



KICK & TOUCH, IN, KICK BALL STOMP, STEP BACK, SWEEP, STEP BACK, SWEEP, COASTER STEP

1&2 Right foot kick, right foot step next to, left foot side toe touch
3&4 Left foot kick, left foot step next to, right foot stomp (weight on left foot)
5&6& Right foot step back, left foot sweep behind, left foot step back, right foot sweep behind
7&8 Right foot step back, left foot step next to, right foot step forward

SIDE, TOGETHER, SIDE SHUFFLE & TOGETHER, CROSS, ¼, ¾ TURN LEFT

1-2 Left foot step to side, right foot step next to left foot
3&4& Left foot step to side, right foot step next to, left foot step to side
5-6 Left foot cross step, right foot step back ¼ turn left
7&8 Left foot step forward ¼ turn left, right foot step to side ¼ turn left, left foot step forward ¼ turn left

STEP LOCK STEP, ROCK STEP ½, KICK BALL STOMP-STOMP, SAILOR STEP

1&2 Right foot step forward, left foot step behind, right foot step forward
3&4 Left foot step forward, ½ turn right, left foot step forward
5&6& Right foot kick, right foot step next to, left foot stomp twice
7&8 Left foot step behind, right foot step to side, left foot step forward

TOE STRUT, HEEL ROCK, BACK ROCK, HEEL, LOCK, STEP, LOCK, STEP, SIDE, HEEL, TOGETHER

1&2& Right foot step forward on toes, right foot drop heel, left foot step forward on heel, put weight back on right foot
3&4 Left foot step back, weight back on right foot, left foot heel touch forward
5&6& Left foot step back, right foot step in front of left foot, left foot step back, right foot in front of left foot
7&8& Left foot step back, right foot step to side, left foot heel touch forward, left foot step next to right foot

REPEAT
