

Cowgirl Catcher

COPPER KNOB
STEPSHEETS

拍数: 40 墙数: 0 级数:
编舞者: Unknown
音乐: Rock My World - Brooks & Dunn



1-4 Right vine, lift arms and pull
5-8 Left vine, lift arms and pull
9-12 Right twirling vine
13-16 Left twirling vine

17-20 Walk forward, right, left, right, left
21-24 Walk backward left, right, left, right
25 Bump right putting right hand on right butt cheek
26 Bump left, putting left hand on left butt cheek
27 Bump right, putting right hand behind your neck
28 Bump left putting left hand behind your neck

WOMEN

29-32 Circle your hips to the right twice for 4 beats

MEN

29-32 Push you pelvis forward and back twice for 4 beats

33-34 Two right heels forward

35-36 Two right toes back

37-40 Right heel forward, side, hitch behind, ¼ turn left slapping your foot at the side

REPEAT
