

# Cowgirl Blues

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 2      级数: Improver  
编舞者: Jacqui Cargill (UK)  
音乐: Men - The Forester Sisters



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## GRAPEVINE RIGHT AND LEFT

1-4            Step to side on right, cross left behind right, step to side on right, close with left  
5-8            Step to side on left, cross right behind left, step to side on left, close with right

## HIP SWAYS RIGHT AND LEFT, GRIND

9-10           Sway hips to the right  
11-12          Sway hips to the left  
13-16          Grind/roll hips right, left, right, left

## HEEL BUMP ½ TURN LEFT, TOE TOUCHES

17-18          Step forward on right and bump right heel  
19-20          On ball of right heel bump twice and pivot half turn left  
21-22          Point right toe to right side, close to right side  
23-24          Point left toe to left side, close to left side

## TOE STRUTS TRAVELING LEFT

25-26          Cross right toe over left, drop right heel  
27-28          Touch left toe to left side, drop left heel  
29-30          Cross right toe over left, drop right heel  
31-32          Touch left toe to left side, drop left heel

## REPEAT

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