

Cowboys Twist Too

COPPER KNOB
STEPSHEETS

拍数: 40 墙数: 2 级数: Beginner
编舞者: GYTAL (USA)
音乐: Fast Girl - The Tractors



TWIST HEELS RIGHT RETURN TO CENTER 4X

1-8 Twist both heels to right, return to center, repeat 3x

RIGHT HEEL HOOK, HEEL STEP, TWIST HEELS LEFT, RETURN TO CENTER 4X

9-12 Touch right heel forward, hook in front of left shin, touch right heel forward, step right next to left, twist heels to left, return to center

13-20 Twist both heels to left, return to center, repeat 3x

LEFT HEEL HOOK, HEEL STEP

21-24 Touch left heel forward, hook in front of right shin, touch left heel forward, step left next to right

RIGHT STEP TOGETHER STEP SCUFF

25-28 Step right foot to right, step left beside right, step right to right side, scuff left

ROCK FORWARD, BACK, FORWARD, SCUFF ½ TURN

29-32 Rock forward on right, back on left, forward on right, scuff left forward and on ball of right foot turn ½ to left

ROCK FORWARD, BACK, FORWARD, SCOOT

33-36 Rock forward on left, back on right, forward on left, scoot forward on left

STEP SLIDE STOMP, STOMP

37-40 Step left foot diagonally forward, cross right foot behind, stomp left, stomp right

REPEAT
