

Cowboy's Ride

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Intermediate east coast swing
编舞者: Tommy Bailey (USA)
音乐: I'm a Cowboy - Smokin' Armadillos



STEP, HOLD& CLAP, STEP, HOLD & CLAP; KICK, BALL, TOUCH, KICK, BALL TOUCH

1-2 Step forward on right foot, hold & clap
3-4 Step forward on left foot, hold & clap
5&6 Kick right foot forward, step ball of right foot beside left, touch left toe back
7&8 Kick left foot forward, step ball of left foot beside right, touch right toe
On steps 1-8, hold fist in front of waist as if holding reins while bumping hips forward & back

VINE RIGHT, VINE LEFT WITH ¼ TURN LEFT

9-12 Step right foot to right side, step left foot behind right, step right foot to right
13-16 Step left foot to left, step right behind left, step left to left turning ¼ turn to left
On steps 9-16, when stepping into vine, lead with heel and extend leg bending slightly at waist with hands down to sides away from body. For right vine, turn right palm forward, left palm back. Reverse for left vine

TURNING SHUFFLE STEPS

17&18 Turning 1/8 turn to right corner, polka forward right angle (right, left, right)
19&20 Turning ¼ turn to right corner, polka back at angle (left, right, left)
21&22 Turning ¼ turn to right corner, polka forward right angle (right, left, right)
23&24 Turning 1/8 turn to back wall, polka back at angle (left, right, left)
Hands in usual country western position (on buckle, front of waist)

KICK-BALL-CHANGE 2X; BALL-CHANGE, CROSS BEHIND, ½ TURN, HOLD

25&26 Kick right foot forward, step ball of right foot beside left foot, change weight to left foot
27&28 Kick right foot forward, step ball of right foot beside left foot, change weight to left foot
&29-30& Step ball of right foot to right side & change weight to left foot, cross ball of right foot behind left foot
31-32 Unwind to right ½ turn dropping weight on right foot, hold 1 beat

KICK-BALL-CHANGE, STEP, SCUFF, ¼ TURN LEFT STEP

33&34 Kick left foot forward, step on ball of left foot next to right foot, change weight to right foot & step down on left foot
&35-36 Scuff right foot next to left foot as you turn ¼ turn to left on ball of left foot, step down on right foot

On steps 25-36, arms to side, palms down, fingers pointing slightly to side

RUBBER LEGS; FUNKY CHICKEN

37 While raising left heel, roll left knee out to left side, bring left knee in next to right knee, dropping left heel
38 While raising right heel, roll right knee out to right side, bring right knee in next to left knee, dropping right heel
39-40 Raising both heels & bending slightly at the knee swing (spread) knees (out-in-out-in)

Head turned to left, finger tips on ears

ROGER RABBIT; COASTER STEP: 1/8 PIVOT STEP 2X

41-42 Sweep left foot out & back behind right foot, sweep right foot out & back behind left foot
43&44 Step back on left: step ball of right foot next to left: step forward on left
As you start left sweep back, point fists forward, as you step behind pull fist to waist
45-46 Rock forward on ball of right foot, turning to left 1/8 turn, rock back on left foot in place
47-48 Rock forward on ball of right foot, turning to left 1/8 turn, rock back on left foot in place

Swing right hand over head (as if roping a heifer) in a circle, to the right as you pivot

REPEAT

This choreography is a combination of bits of Reggae Cowboy, Funky Cowboy, Hoo Haa Hustle, & Hip Hop A Little
