

Dancin' By Myself

COPPER KNOB
BY STEPHENETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Kathy King (USA)
音乐: I'll Two Step Alone - Scooter Lee



RIGHT VINE, HOLD; CROSS STEP TWICE, HOLD; RIGHT SIDE ROCK & CROSS OVER LEFT, HOLD; LEFT SIDE ROCK & CROSS LEFT OVER RIGHT, HOLD

1-4 (QQS) Step right to right, left behind right, right to right, hold (right vine with hold)
5-8 (QQS) Cross step left over right, step right, cross step left over right, hold

1-4 (QQS) Rock right to right, recover with left, cross right over left, hold
5-8 (QQS) Rock left to left, recover with right, cross left over right, hold

PADDLE TURN TO LEFT FOR ½ TURN WITH 8 BEATS; RIGHT JAZZ BOX; LEFT JAZZ BOX

1-8 Paddle right foot (using left foot as pivot foot) ½ turn to left (kind of sway as you paddle)
1-4 (QQS) Cross right over left, step back with left, step right to place, hold (right jazz box)
5-8 (QQS) Cross left over right, step back with right, step left to place, hold (left jazz box)

RIGHT FORWARD STEP-LOCK-STEP-HOLD; LEFT FORWARD STEP-TURN ¼ TO RIGHT-STEP LEFT FORWARD-HOLD; RIGHT VINE WITH HITCH ON 4 TURNING ¼ TO RIGHT; LEFT VINE WITH HOLD

1-4 (QQS) Step forward on right, slide left up behind right, step right forward, hold
5-8 (QQS) Step forward on left & pivot ¼ right; step forward on right step left forward, hold

1-4 Step right to right, left behind right, right to right turning ¼ to right, hitch left knee
5-8 (QQS) Step left to left, right behind left, left to left, hold

RIGHT FORWARD SHUFFLE, HOLD; LEFT ROCK FORWARD, RECOVER WITH RIGHT WITH ¼ TURN LEFT; STEP LEFT FORWARD, HOLD

1-4 (QQS) Right shuffle forward, hold
5-8 (QQS) Rock left foot forward, recover with right turning ¼ to left, step forward on left, hold

RIGHT FORWARD ROCK, RECOVER TURNING ½ TO RIGHT, HOLD; LEFT FORWARD COASTER, HOLD

1-4 (QQS) Rock right forward, recover with left turning ½ to right, step forward on right; hold
5-8 (QQS) Step left forward, step right to place, step left back, hold (forward coaster step)

REPEAT

TAG 1

1st and 3rd chorus (she's saying "I swore the day you left" and music almost stops) add this tag after that line

1-4 Right rock forward, recover; rock right back, recover

TAG 2

After first chorus is done and only after the first chorus, you have to add 16 extra beats:

RIGHT FRONT TOE TOUCH, HOLD; SIDE TOE TOUCH, HOLD; RIGHT SAILOR; LEFT FRONT TOE TOUCH, HOLD; SIDE TOE TOUCH, HOLD; LEFT SAILOR

1-4 (SS) Touch right toe forward, hold; touch right toe to right side, hold
5-8 (QQS) Step right foot behind, step left to left, step right to right and slightly forward, hold (right sailor step)

1-4 (SS) touch left toe forward, hold; touch left toe to left side, hold

5-8

(QQS) Step left foot behind right, step right to right, step left to left and slightly forward, hold (left sailor step)
