

Dancing All Night

COPPER **NOB**
BY STEPHENETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Heather Frye (CAN)
音乐: Lovin' Each Day - Ronan Keating



KICK & TOUCH (TWICE), RIGHT SAILOR SHUFFLE, LEFT SAILOR SHUFFLE

- 1&2 Kick right foot forward, step right beside left, touch left toes to left side
3&4 Kick left foot forward, step left beside right, touch right toes to right side
5&6 Cross step right behind left (angle body slightly), step left to side, step right slightly forward and to right side
7&8 Cross step left behind right (angle body slightly), step right to side, step left slightly forward and to left side

TOUCH RIGHT, PIVOT ¼ TURN RIGHT, HIP BUMPS, WALK FORWARD LEFT - RIGHT, SHUFFLE FORWARD LEFT, RIGHT, LEFT

- 1-2 Touch right toes to right side, pivot ¼ turn right keeping weight on left foot and stepping your right foot behind left foot in fifth position (right instep behind left heel with weight on right)
3&4& Bump hips left, right, left, right
5-6 Step forward left, step forward right
7&8 Left step forward, right step next to left, left step forward

TOUCH SIDE RIGHT & LEFT, CROSS LEFT BEHIND RIGHT, UNWIND ½ TURN LEFT, MONTEREY ½ TURN RIGHT

- 1&2 Touch right toes to right side, step right beside left, touch left toes to left side
3-4 Cross left behind right, unwind ½ turn left taking weight on left foot
5-6 Touch right toes to right side, pivot ½ turn right on left foot and step right foot beside left
7-8 Touch left toes to left side, step left foot beside right taking weight on left foot

RIGHT SIDE SHUFFLE, ROCK STEP BEHIND, PADDLE ¼ TURN RIGHT (TWICE), KICK - SIDE - TOUCH

- 1&2 Right step side right, left step next to right, right step side right
3-4 Left rock ball of foot behind right heel, right step in place
5-6 Paddle ¼ turn to the right, paddle ¼ turn to the right (you have completed a ½ turn right, weight stays on right foot)
7&8 Kick left foot forward, step left to left side, touch right beside left

REPEAT