

The Dance

拍数: 40 墙数: 4
编舞者: Marlene Cortright (USA)
音乐: With Me - Lonestar

级数: Improver



HEEL FRONT, TOGETHER

- 1 Touch right heel forward
- 2 Right foot back next to left
- 3 Repeat step 1
- 4 Repeat step 2

RIGHT HEEL CROSS

- 5 Touch right heel out to front
- 6 Cross right in front of left shin
- 7 Right heel out to front
- 8 Right foot back next to left

HEEL FRONT, TOGETHER

- 9 Touch left heel forward
- 10 Left foot back next to right
- 11 Repeat step 9
- 12 Repeat step 10

LEFT HEEL CROSS

- 13 Touch left heel out to front
- 14 Cross left in front of right shin
- 15 Left foot out to front
- 16 Left foot back next to right foot

DIAGONAL STEPS, LOCK STEPS, CLAPS

- 17 Step right foot forward diagonally to right front
- 18 Slide left foot up behind right with clap
- 19 Repeat step 17
- 20 Repeat step 18

DIAGONAL STEPS, LOCK STEPS, CLAPS

- 21 Step left foot forward diagonally to left front
- 22 Slide right foot behind left with clap
- 23 Repeat step 21
- 24 Repeat step 22

WALK BACKWARDS

- 25 Walk back with right foot
- 26 Walk back with left foot
- 27 Walk back with right foot
- 28 Walk back with left foot

TUSH PUSH MOVE

- 29 Place right heel out to front
- 30 Change feet positions (left heel out to front-right foot home)
- 31 Change feet positions (right heel out to front-left foot home)

32 Hold with a clap

VINE RIGHT, SCUFF

33 Step right foot to right

34 Step left foot behind right

35 Step right foot to the right

36 Scuff left foot forward

VINE LEFT, ¼ TURN, SCUFF

37 Step left foot to the left

38 Step right foot behind left

39 Step left foot to left doing a ¼ turn to the left

40 Scuff right foot forward

REPEAT
