

Dance!

拍数: 32 墙数: 4 级数: Intermediate
编舞者: The Phoenix (UK)
音乐: Dance - Jamiroquai



SIDE, HOLD, BEHIND, HOLD, SIDE, IN FRONT, TOUCH, CROSS

1-2 Step right to right side, hold
3-4 Step left behind right, hold
5-6 Step right to right side, step left in front of right
7-8 Touch right toes to right side, step right in front of left

JUMPS WITH CROSSES, BIG STEP & SLIDES (¼-LEFT), HEEL SWITCHES

1&2& Jump feet apart, jump feet together, kick right over right, step right in front of right
3-4 Big step left to left side, slide right next left
5-6 Big step right to right side, slide left next to right turning ¼ over left shoulder
7&8& Heel switches right & left &

SIDE CHASSE, HEEL SWIVELS (¼-LEFT), WALKS, JUMP

1&2 Side shuffle right
3&4 Swivel heels right, left, right turning ¼ turn left
5-7 Walk forward left, right, left
8 Jump forward

RIGHT KICK BALL POINT, LEFT SAILOR STEP, SNAKE ROLL, (¼-LEFT), BODY ROLL

1&2 Right kick ball point
3&4 Left sailor step
5-6 Snake roll to right
7-8 Pivot ¼ over left, roll body upwards

REPEAT
