

Dance With Me

拍数: 32 墙数: 4 级数:
编舞者: David Millington (UK)
音乐: Tres Deseos (Three Wishes) 12-Inch Remix - Gloria Estefan



KNEE POPS SHUFFLE, STEP PIVOT ½

1-3 Pop left knee in, pop right knee in, pop left knee in
4&5 Shuffle forward on left, right, left
6-7 Step forward on right, pivot ½ a turn left

STEP-LOCK, KNEE ROLLS, STEP-LOCK-STEP, STEP PIVOT ½

8& Step forward on right, lock left foot behind right (putting weight on to left)
9 Step diagonally forward to right on right foot (while rolling right knee outwards)
10 Step diagonally forward to left on left foot (while rolling left knee outwards)
11 Step diagonally forward to right on right foot (while rolling right knee outwards)
12&13 Step forward on left, lock right foot behind left, step forward on left
14-15 Step forward on right, pivot ½ a turn lilt, step-lock, knee rolls, step-lock-step, step, pivot ½
16-23 Repeat beats 8-15

ROCK & STEP, STEP, TURN ½

24&25 Rock back on right, rock forward on left, step forward on right
26-27 Step forward on left foot, turn ½ a turn to right leaving weight on left

ROCK & STEP, STEP, PIVOT ¼, KNEE POPS

28&29 Rock back on right, rock forward on left, step forward on right
30-31 Step forward on left, pivot ¼ turn to right
32& Pop left knee in, pop right knee in

REPEAT
