

# Dance To The Music

**COPPERKNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Robbie Halvorson (USA)  
音乐: Dance to the Music - Sly & The Family Stone



## STEP, KNEE, COASTER STEP, HIP WALK FORWARD RIGHT AND LEFT

- 1-2            Step forward with right foot, lift left knee forward so that left foot is at the inside of right knee  
3&4           Step back with left, step together with right, step forward with left  
5&6           Place right foot forward bump hips right, hips return to center, bump hips right shifting weight to right foot  
7&8           Place left foot forward bump hips left, hips return to center, bump hips left shifting weight to left foot

## MAMBO STEP ½ TURN RIGHT, RIGHT CROSS, SIDE, SAILOR STEP

- 1&2           Rock right to right side, rock weight onto left foot making ½ turn right, step right beside left  
3&4           Rock left to left side, rock weight to right in place, step left beside right  
5-6           Cross step right over left, step left to left side  
7&8           Cross right behind left, step left to left side, step right to place

## CROSS, SIDE, BEHIND, & HEEL JACK, SCUFF, CROSS & CROSS, ¼ TURN RIGHT

- 1-2           Cross left over right, step right to right side  
3&4           Cross left behind right, step right to right side and slightly back, touch left heel diagonally forward left  
&5           Step left back to place, scuff right heel next to left  
6&7           Cross right over left, step left to left side, cross right over left  
8&1           Step left slightly to left side, make a ¼ right by stepping on right, step left forward

## WALK FORWARD RIGHT, KICK BALL CHANGE, ROCK STEP, TRIPLE ½ TURN LEFT

- 2            Step right foot forward  
3&4           Kick left forward, step left beside right, step onto right in place  
5-6           Rock forward on left, rock back on right  
7&8           Triple step ½ turn left, stepping - left, right, left

## REPEAT

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