

Dance Out Loud

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate/Advanced
编舞者: Glen Pospieszny (USA)
音乐: Let's Get Loud - Jennifer Lopez



For "Let's Get Loud", start after Jennifer says "here we go". Use as much Cuban motion as you can for this dance.

3 ½ TURNS, 1 HALF TURN WITH COASTER STEP (AT SAME TIME)

- 1 Step forward on right foot
- 2 Pivot ½ turn left (right foot takes weight)
- 3 Step left foot back (left foot takes weight)
- 4 Pivot ½ turn left (weight stays on left foot)
- 5 Step forward on right foot
- 6 Pivot ½ turn left (weight stays on right foot)
- 7&8 Coaster step (left-right-left) while pivoting ½ turn left

4 DWIGHT YOAKAM STEPS, LEFT POINT FRONT, LEFT POINT SIDE, SAILOR SHUFFLE (RIGHT-LEFT-RIGHT)

Counts 9-11 are "Dwight Yoakam" steps so travel to the right on your left foot, whichever way is most comfortable.

- &9 Travel right on left foot (toe right, heel right) while hitching right knee up, down
- &10 Travel right on left foot (toe right, heel right) while hitching right knee up, down
- &11 Travel right on left foot (toe right, heel right) while hitching right knee up, down
- &12 Hitch right knee up, down (right takes weight)
- 13 Point left toe forward
- 14 Point left toe to left side
- 15&16 Sailor shuffle (left-right-left) (lean over left foot on count 16)

SHOULDER LUNGES, STEP RIGHT, STEP LEFT TO RIGHT, TOE SPLITS

- 17 Lean shoulders and weight to right side
- 18 Lean shoulders and weight to left side
- 19 Lean shoulders and weight to right side
- 20 Lean shoulders and weight to left side while making a ¼ turn to the left
- 21 Step right foot to right side
- 22 Step left foot next to right
- 23&24 Toes out, toes in while making 1/8 turn right, toes out while making 1/8 turn right (¼ turn should be completed at this point)

TOE SPLITS, STEP RIGHT, STEP LEFT, SHUFFLE STEP RIGHT-LEFT-RIGHT, ROCK STEPS

- &25& Toes in, toes out while making 1/8 turn, toes in while making 1/8 turn to the right (¼ turn should be complete at this point)
- 26 Left takes weight
- 27 Step right foot next to right side
- 28 Step left foot next to right (left foot takes weight)
- 29&30 Shuffle step to the right (right-left-right) (right foot takes weight)
- 31 Rock back left
- 32 Rock forward right

MARCH FOR 6 COUNTS, LEFT HOOK, ¾ TURN LEFT, LEFT TAKES WEIGHT

On counts 33-38, use small hip bumps while performing the marching steps or use "ski" style steps

- 33 Step left (done in place/move slightly forward, not a full step forward)

- 34 Step right
- 35 Step left
- 36 Step right
- 37 Step left
- 38 Step right
- 39 Hook left foot behind right foot
- 40 Turn $\frac{3}{4}$ left (left foot takes weight)

For counts 41-56, body will be in a diagonal position

ROCK KICK BALL CROSS, ROCK STEPS, SHUFFLE STEPS (LEFT-RIGHT-LEFT)

- 41&42 Right kick ball cross (crossing left over right)
- 43&44 Right kick ball cross (crossing left over right)
- 45 Rock to right side on right foot
- 46 Rock back onto left foot
- 47&48 Shuffle (right-left-right) (you will be moving left with right foot crossed over left --right takes weight)

LEFT KICK BALL CROSS, ROCK STEPS, SHUFFLE STEPS (LEFT-RIGHT-LEFT)

- 49&50 Left kick ball cross (crossing right over left)
- 51&52 Left kick ball cross (crossing right over left)
- 53 Rock to left side on left foot
- 54 Rock back onto right foot
- 55&56 Shuffle (left-right-left) (you will be moving right with left foot crossed over right - left takes weight)

POINT AND HOOK RIGHT, POINT AND HOOK LEFT, $\frac{1}{4}$ MONTEREY RIGHT, POINT LEFT, RECOVER RIGHT, POP RIGHT KNEE

On counts 57-61 use large sweeping motion before you hook the right or left foot

- 57 Point right foot to right side
- 58 Hook right foot behind left foot (right foot takes weight)
- 59 Point left foot to left side
- 60 Hook left foot behind right foot (left takes weight)
- 61 Point right foot to right side
- 62 Monterey turn $\frac{1}{4}$ to right side (right takes weight)
- 63 Point left foot to left side
- 64 Step left foot next to right foot (pop out right knee at same time - left takes weight)

REPEAT
