

Dance It Back

拍数: 48 墙数: 4 级数: Improver
编舞者: Mike Repko (USA)
音乐: Sing It Back - Moloko



2 RIGHT KICK BALL CHANGES TO RIGHT SIDE, RIGHT SIDE ROCK RECOVER LEFT, BEHIND SIDE CROSS

1&2 Kick right forward, step right to right side, step left next to right
3&4 Kick right forward, step right to right side, step left next to right
5-6 Rock right to right side, recover back to left to left side
7&8 Step right behind left, step left to left side, cross step right in front of left

2 LEFT KICK BALL CHANGES TO LEFT SIDE, LEFT SIDE ROCK RECOVER RIGHT, BEHIND SIDE CROSS

1&2 Kick left forward, step left to left side, step right next to left
3&4 Kick left forward, step left to left side, step right next to left
5-6 Rock left to left side, recover back to right to right side
7&8 Step left behind right, step right to right side, cross step left in front of right

ROCK STEP FORWARD, RIGHT COASTER STEP, ½ STEP PIVOT RIGHT, LEFT SHUFFLE FORWARD

1-2 Rock forward on to right, recover back on to left
3&4 Step right back, step left next to right, step right slightly forward
5-6 Step forward left, make a ½ pivot turn to right (weight to right)
7&8 Step left forward, step right next to left, step left forward

ROCK STEP FORWARD, RIGHT COASTER STEP, ½ STEP PIVOT RIGHT, LEFT SHUFFLE FORWARD

1-2 Rock forward on to right, recover back on to left
3&4 Step right back, step left next to right, step right slightly forward
5-6 Step forward left, make a ½ pivot turn to right (weight to right)
7&8 Step left forward, step right next to left, step left forward

RIGHT SIDE-TOGETHER-SIDE, ROCK STEP, LEFT SIDE -TOGETHER-SIDE ¼ TURN RIGHT ROCK STEP

1&2 Step right to right side, step left next to right, step right to right side
3-4 Rock left behind right, recover right
5&6 Step left to left side, step right next to left, step left to left side
7-8 Rock back on right making ¼ turn right, recover left slightly forward right

RIGHT STEP LOCK FORWARD, ROCK STEP FORWARD, LEFT LOCK STEP BACK, ROCK STEP BACK

1&2 Step right forward, lock step left behind right, step right slightly forward
3-4 Rock forward on to left, recover back on to right
5&6 Step left back, cross step right in front of left, step left back
7-8 Rock back on to right, recover forward on to left

REPEAT