

Dance Floor

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Annette "Netty" Mesa (USA)
音乐: Dance Floor - Zapp & Roger



SHUFFLE FORWARD RIGHT, TOUCH LEFT, STEP LEFT, POINT RIGHT FORWARD, POINT RIGHT SIDE, TAP RIGHT SIDE, TAP ¼ RIGHT, KICK RIGHT

- 1&2 Shuffle forward right (step forward right, step left together, step forward right)
- 3-4 Touch left side, step left
- 5 Point right forward
- 6 Point right side
- 7 Tap right side
- & Tap right as you turn ¼ right
- 8 Kick right forward

Note: styling on count 3, lean left, look left, jab left elbow

LEAP FORWARD RIGHT, STEP LEFT INTO ½ TURN RIGHT, WEIGHT CHANGES, RIGHT, LEFT, RIGHT, FULL TURN RIGHT, KICK LEFT, JUMP LEFT, TOUCH RIGHT

- 1 Leap (or step for lower impact) forward right (left comes up slightly off the floor)
- 2 Make ½ turn right as you step back on left
- 3&4 Exchange weight forward right, back left, forward right
- 5-6 Full turn right, stepping back left, forward right
- 7&8 Kick left, jump (or step for lower impact) to left side, touch right next to left

Note: styling on count 8, bend knees as you touch, make fists, cross arms right over left, bring arms in to chest, look down

MONTEREY ½ TURN RIGHT, ROCK & RECOVER LEFT, CROSS RIGHT OVER, UNWIND ¾ TURN LEFT, KNEE POP

- 1 Point right side
- 2 Complete ½ turn right by stepping on right
- 3&4 Rock left side, recover right, step left together
- 5 Cross right over left
- 6-7 Unwind ¾ turn left
- &8 Pop both knees forward, heels down (weight ends left)

STEP TOUCHES (SIDE BODY ROLLS) RIGHT, LEFT, FUNKY (GEORGE JEFFERSON) WALKS FORWARD, HITCH RIGHT WITH ¼ TURN RIGHT

- 1-2 Step right side, touch left next to right (side body roll)
- 3-4 Step left side, touch right next to left (side body roll)
- 5 Walking forward, cross right over left, stepping with right heel
- 6 Walking forward, cross left over right, stepping with left heel
- 7 Walking forward, cross right over left, stepping with right heel
- 8 Walking forward, cross left over right, stepping with left heel
- & Hitch right as you turn ¼ turn right

Note: styling for counts 5-8 George Jefferson walks, tuck your bottom in, push your chest up, alternate swinging the arms, left arm forward as you cross right foot, right arm forward as you cross left foot, etc., or any walk with attitude will do

REPEAT

OPTIONAL 4 COUNT INTRO

These are danced during the last 4 counts of the 16 count intro/count in. Look down & count 12 counts

- 5 Look up
 - 6 Look right
 - 7 Look left
 - &8 Shrug shoulders up, put them down
- Begin the dance**
-