

# Dance & Shout

拍数: 48      墙数: 4      级数: Intermediate  
编舞者: Tom West (CAN)  
音乐: Dance & Shout - Shaggy



## ROCK, RECOVER, CROSS-CHA-CHA

1-2      Rock to right side on right, recover weight on left  
3&4      Cross right over left, step to left side on left, cross right over left  
5-6      Rock to left side on left, recover weight on right  
7&8      Cross left over right, step to right side on right, cross left over right

## SIDE, TOUCH, ¼ TURN, STEP, MODIFIED CUBAN BREAKS

9-10      Step to right side on right, touch left toe beside right and clap  
11-12      Turn ¼ left stepping onto left, stomp on right beside left  
13&14      Step ball of left to left side, recover weight on right, step ball of left in front of right  
&15&16      Recover weight on right, step ball of left to left side, recover weight on right, step ball of left in front of right

## PROGRESSIVE CUCARACHAS

17&18      Rock to right side on right, recover weight on left, cross step right over left (moving forward)  
19&20      Rock to left side on left, recover weight on right, cross step left over right  
21&22      Rock to right side on right, recover weight on left, cross step right over left  
23&24      Rock to left side on left, recover weight on right, cross step left over right

## ROCK, RECOVER, ½ TURN CHA, TURN, TURN, CHA-CHA-CHA

25-26      Rock forward on right, recover weight on left  
27&28      Cha-cha turn ½ right stepping right, left, right  
29-30      Step forward on ball of left turning ½ right, step forward on ball of right turning ½ right  
31&32      Cha-cha forward left, right, left

## ROCK, RECOVER, ¾ TURN, CUCARACHA CROSS

33-34      Rock to right side on right, recover weight on left turning 1¼ left  
35-36      Step forward on right, pivot turn 1½ left (weight forward on left)  
37&38      Cha-cha forward right, left, right  
39&40      Rock to left side on left, recover weight on right, cross step left in front of right  
41-48      Repeat steps 33-40

## REPEAT

## TAG

Used for Extended Play or Dance Mix versions of "DANCE & SHOUT" only

At the end of the 4th sequence there is a definite change in the music, finish the sequence, and then for the next 32 beats continue doing steps 33-48. You should end up back at the front wall ready to start again from count 1.