

Dance Again

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Wesley Cowie (UK)
音乐: Dance Again - Gareth Gates



Start on the beat just before vocals

ROCK & CROSS, GRAPEVINE ¼ LEFT, ¾ TURN STEP, SAILOR CROSS

1& Rock right to right side, recover weight onto left foot,
2& Cross right over left, hold
3& Step left to left, cross right behind left,
4& Step left to left making a ¼ turn left, hold
5& Step forward on right, pivot ½ turn left,
6& Make ¼ turn left stepping right to right side, hold
7&8 Cross left behind right, step right to right, cross left over right

HIP SWAYS, CHASSE RIGHT, POINT, SWEEP, SAILOR ¼ TURN RIGHT

1-2 Sway hips right and left
3&4 Step right to right side, close left beside right, step right to right side
5-6 Point left toe forward, sweep left toe from in front out to left
7& Sweep left behind right foot, step right to right side making ¼ turn right
8 Step forward onto left foot

FULL TURN DIAGONALLY BACK, DIAGONAL LOCK STEP BACK, TWICE

1 On ball of left foot, make ½ turn right stepping forward on right
2 On ball of right foot, make ½ turn right stepping back on left foot

Counts 1-2 should be diagonally back and to the right

3& Step right diagonally back right, lock left across right
4 Step right diagonally back right
5 On ball of right foot, make ½ turn left stepping forward on left
6 On ball of left foot, make ½ turn left stepping back on right

Counts 5-6 should be diagonally back and to the left

7& Step left diagonally back left, lock right across left
8 Step left diagonally back left

SAILOR STEP TWICE, RIGHT SHUFFLE, POINT LEFT, ½ TURN LEFT

1&2 Cross right behind left, step left to left side, step right to right side
3&4 Cross left behind right, step right to right side, step left to left side
5&6 Step forward on right, close left beside right, step forward on right
7 Point left forward,
8 On ball of right foot, make ½ turn left stepping left beside right

DIAGONAL BACK STEPS WITH TOUCHES, SHUFFLE, FULL TURN, SHUFFLE

1& Step right foot diagonally back right, tap left beside right
2& Step left foot diagonally back left, tap right beside left
3&4 Step right foot back, close left beside right, step right foot back
5 On ball of right foot, make ½ turn left stepping forward on left
6 On ball of left foot, make ½ turn left stepping back on right
7&8 Step left foot back, close right beside left, step left foot back

COASTER STEP, LEFT SHUFFLE, MAMBO STEP, POINT ½ TURN, TAP

1&2 Step back on right, close left beside right, step forward on right

3&4 Step forward on left, close right beside left, step forward on left
On walls 2 and 4, you will need to restart at this point
5&6 Rock forward on right, rock back onto left, step right beside left
7 Point left toe forward,
& On ball of right make ½ turn left changing weight onto left foot,
8 Tap right toe beside left

REPEAT

RESTARTS

With restarts, you face only the front wall (12:00) and the right wall (3:00). Without (as when danced to other music), it's a 4 wall dance.
