

# Dance Above The Rainbow (P)

COPPER KNOB  
STEPPERS

拍数: 64      墙数: 0      级数: Partner  
编舞者: Claire Waugh (UK)  
音乐: Swing Swing Highland Fling - The Sporrán Brothers



**Position: Start with man facing OLOD lady facing ILOD hading both hands**

## MAN

### SIDE SHUFFLE & ROCK STEPS (HOLDING BOTH HANDS IN FRONT)

1&2      Side shuffle left stepping left-right-left  
3-4      Rock back on right, recover onto left  
5&6      Side shuffle right stepping right-left-right  
7-8      Rock back on left, recover onto right

### SIDE SHUFFLE ¼ TURN, PIVOT ½ TURN, ¼ TURN SIDE SHUFFLE & ROCK STEPS

1&2      Side shuffle to left making ¼ turn left stepping left-right-left  
3-4      Step forward right, pivot ½ turn left  
5&6      Side shuffle right making ¼ turn right stepping right-left-right  
7-8      Rock back on left, recover onto left

### SHUFFLE FORWARD, (CHANGING PLACES), ROCK & RECOVER, ROCK & CROSS STEPS

1&2      Left shuffle forward turning ½ turn left stepping left-right-left  
**Change places with each other: man is now on inside & lady on outside, release both hands. Raise hands, man's left lady's right, as lady turns under arm**  
3-4      Rock back on right, recover onto left  
**Regain double hand hold in front before you rock & cross**  
5&6      Rock right to right side, step left in place  
**Cross right over left**  
7&8      Rock left to left side, step right in place, cross left over right

### SIDE SHUFFLE & ROCK STEPS, SIDE SHUFFLE ¼ TURN, PIVOT ½ TURN

1&2      Side shuffle right stepping right-left-right  
3-4      Rock back on left, recover onto right  
5&6      Side shuffle to left making ¼ turn left stepping left-right-left  
7-8      Step forward right, pivot ½ turn left  
**Release hold of inside hands as you start to turn outwards away from partner**

### SHUFFLE FORWARD, FULL TURN OUTWARDS, SHUFFLE FORWARD FULL TURN INWARDS

1&2      Right shuffle forward  
**Rejoin hold of inside hands when shuffling forward**  
3-4      Full outward turn right stepping left-right  
**Release inside hands as you turn outwards away from partner**  
**Option - two walks forward may be substituted for those who don't wish to turn**  
5&6      Left shuffle forward  
7-8      Full inward turn stepping right-left  
**Release hold of inside hands as you turn inwards toward your partner**  
**Option - two walks forward may be substituted for those who don't wish to turn**

### ¼ TURN SIDE SHUFFLE & ROCK STEPS, SHUFFLE FORWARD (CHANGING PLACES) ROCK & RECOVER

1&2      Side shuffle right making ¼ turn right stepping right-left-right  
3-4      Rock back on left, recover onto right  
5&6      Left shuffle forward turning ½ turn right, stepping left-right-left

**Change places with each other: man is now on outside & lady on inside, release hands, mans right lady's left, raise hands man's left & lady's right as man turns under arm**

7-8 Rock back on right, recover onto left

### **ROCK & CROSS STEPS, SIDE SHUFFLE ¼ TURN, PIVOT ½ TURN**

1&2 Rock right to right side, step left in place, cross right over left

3&4 Rock left to left side, step right in place, cross left over right

**Regain double hand hold in front before you rock & cross**

5&6 Side shuffle right making ¼ turn right stepping right-left-right

7-8 Step forward left, pivot ½ turn right

**Release hands as you start turn outwards away from partner**

### **SHUFFLE FORWARD, FULL TURN OUTWARD, FULL TURN OUTWARDS, ROCK RECOVER, ¼ TURN ROCK & CROSS STEP**

1&2 Left shuffle forward

**Rejoin hold of inside hands when shuffling forward**

3-4 Full outward turn left stepping right-left

**Release inside hands as you turn outwards away from partner**

**Option - two walks forward may be substituted for those who don't wish to turn**

5-6 Rock forward on right, recover onto left

**Regain hold of inside hands as you rock forward and recover**

7&8 Rock right to right side making ¼ turn back to right, step left in place, cross right over left

**Release inside hands as you make ¼ turn & then regain double hand hold in front before you rock & cross**

### **REPEAT**

### **LADY**

#### **SIDE SHUFFLE & ROCK STEPS (HOLDING BOTH HANDS IN FRONT)**

1&2 Side shuffle right right-left-right

3-4 Rock back on left, recover onto right

5&6 Side shuffle left left-right-left

7-8 Rock back on right, recover onto left

#### **SIDE SHUFFLE ¼ TURN, PIVOT ½ TURN, ¼ TURN SIDE SHUFFLE & ROCK STEPS**

1&2 Side shuffle to right making ¼ turn right stepping right-left-right

3-4 Step forward left, pivot ½ turn right

5&6 Side shuffle left making ¼ turn left stepping left-right-left

7-8 Rock back on right, recover onto left

#### **SHUFFLE FORWARD, (CHANGING PLACES), ROCK & RECOVER, ROCK & CROSS STEPS**

1&2 Right shuffle forward making ½ turn right stepping right-left-right

**Change places with each other: man is now on inside & lady on outside, release both hands man's right lady's left, raise hands, man's left lady's right as lady turns under arm**

3-4 Rock back on left, recover onto right

**Regain double hand hold in front before you rock & cross**

5&6 Rock left to left side, step right in place, cross left over right

7&8 Rock right to right side, step left in place, cross right over left

#### **SIDE SHUFFLE & ROCK STEPS, SIDE SHUFFLE ¼ TURN, PIVOT ½ TURN**

1&2 Side shuffle left stepping left-right-left

3-4 Rock back on right, recover onto left

5&6 Side shuffle right making ¼ turn right stepping right-left-right

7-8 Step forward left, pivot ½ turn right

**Release hold of inside hands as you start to turn outwards away from partner**

#### **SHUFFLE FORWARD, FULL TURN OUTWARDS, SHUFFLE FORWARD FULL TURN INWARDS**

1&2 Left shuffle forward  
3-4 Full outward turn left stepping right-left  
**Release inside hands as you turn outwards away from partner**  
**Option - two walks forward may be substituted for those who don't wish to turn**  
5&6 Right shuffle forward  
7-8 Full inward turn stepping left-right  
**Release hold of inside hands as you turn inwards toward your partner**  
**Option - two walks forward may be substituted for those who don't wish to turn**

#### **¼ TURN SIDE SHUFFLE & ROCK STEPS, SHUFFLE FORWARD (CHANGING PLACES) ROCK & RECOVER**

1&2 Side shuffle left making ¼ turn left stepping left-right-left  
3-4 Rock back on right, recover onto left  
5&6 Right shuffle forward making ½ turn left, stepping right-left-right  
**Change places with each other: man is now on outside & lady on inside, release hands, mans right lady's left, raise hands man's left & lady's right as man turns under arm**  
7-8 Rock back on left, recover onto right

#### **ROCK & CROSS STEPS, SIDE SHUFFLE ¼ TURN, PIVOT ½ TURN**

1&2 Rock left to left side, step right in place, cross left over right  
3&4 Rock right to right side, step left in place, cross right over left  
**Regain double hand hold in front before you rock & cross**  
5&6 Side shuffle left making ¼ turn left stepping left-right-left  
7-8 Step forward right, pivot ½ turn left  
**Release hands as you start turn outwards away from partner**

#### **SHUFFLE FORWARD, FULL TURN OUTWARD, FULL TURN OUTWARDS, ROCK RECOVER, ¼ TURN ROCK & CROSS STEP**

1&2 Right shuffle forward  
3-4 Full outward turn right stepping left-right  
**Release inside hands as you turn outwards away from partner**  
**Option - two walks forward may be substituted for those who don't wish to turn**  
5-6 Rock forward on left, recover onto right regain hold of inside hands as you rock forward and recover  
7&8 Rock left to left side making ¼ turn back to left, step right in place, cross left over right  
**Release inside hands as you make ¼ turn & then regain double hand hold in front before you rock & cross**

**REPEAT**

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