

Dab (Bad, Backwards)

拍数: 56 墙数: 2 级数: Intermediate
编舞者: Doris Aldrich & Darrell Aldrich
音乐: Billy B. Bad - George Jones



CROSS ROCKS, STEPS, STEPS FORWARD, SCUFFS, REPEAT

- 1 Cross left foot over right and step
- 2 Rock back onto right foot
- 3 With left foot still crossed over right, rock forward onto left foot
- 4 Scuff right foot forward
- 5 Cross right foot over left and step
- 6 Rock back onto left foot
- 7 With right foot still crossed over left, rock forward onto right foot
- 8 Scuff left foot forward
- 9-16 Repeat beat 1-8

VINE LEFT, TOUCH, VINE RIGHT, TURN, STOMP

- 17 Step to the left on left foot
- 18 Cross right foot behind left and step
- 19 Step to the left on left foot
- 20 Touch right foot next to left
- 21 Step to the right on right foot
- 22 Cross left foot behind right and step
- 23 Step to the right on right foot making a ½ to the right with the step
- 24 Stomp left foot next to right (stomp down)

STEPS BACK, TOUCH, FORWARD SHUFFLES

- 25 Walk back on right foot
- 26 Walk back on left foot
- 27 Walk back on right foot
- 28 Touch left foot next to right
- 29&30 Shuffle forward (left-right-left)
- 31&32 Shuffle forward (right-left-right)

MILITARY PIVOT TO THE RIGHT, FORWARD SHUFFLES, STOMPS

- 33 Step forward on left foot
- 34 Pivot left/2 turn to the right on left foot and shift weight to right foot
- 35&36 Shuffle forward (left-right-left)
- 37&38 Shuffle forward (right-left-right)
- 39 Stomp left foot next to right
- 40 Stomp right foot next to left

MODIFIED MONTEREY TURN, SIDE TOE TOUCHES

- 41 Touch right toe to the right
- 42 Pivot ½ turn to the right on ball of left foot and step right foot next to left
- 43 Touch left toe to the left
- 44 Pivot ¼ turn to the right and step left foot next to right
- 45 Touch right toe to the right
- 46 Step right foot next to left
- 47 Touch left toe to the left
- 48 Step left foot next to right

VINE RIGHT, TOUCH, VINE LEFT, STOMP

- 49 Step to the right on right foot
- 50 Cross left foot behind right and step
- 51 Step to the right on right foot
- 52 Touch left foot next to right
- 53 Step to the left on left foot
- 54 Cross right foot behind left and step
- 55 Step to the left on left foot
- 56 Stomp right foot next to left (stomp down)

REPEAT
