

D'amour

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Val Reeves (UK)
音乐: Cha Cha Cha D'amour - The Deans



- 1-4 Left step forward, pivot turn ½ turn right, left step forward, hold
5-8 Right step forward, pivot turn ½ turn left, right step forward, hold
- 9-12 Left step across right, right step right, left step behind right, right step right turning ¼ turn right
13-16 Left step forward, pivot turn ½ turn right, left step forward, hold
- 17-20 Right step forward, pivot turn ½ turn left, right step forward, hold
21-24 Left step forward, pivot turn ½ turn right, left step forward, hold
- 25-28 Right step across left, left step left, right step behind left, left step left turning ¼ turn left
29-32 Right step forward, pivot turn ½ turn left, right step forward, hold
- 33-36 Left step left, right step beside left, left step forward, hold
37-40 Right step forward, left lock step behind right, right step forward, hold
- 41-44 Left step left, right step beside left, left step back, hold
45-48 Right step back, left lock across right, right step back, hold
- 49-52 Turning 1 full turn left roll 1/3 on left, 1/3 right, 1/3 left, kick right angled right
53-56 Right step slightly back and pop left knee, right knee, left knee, right knee
- 57-60 Right step right, left step beside right, right step right, left kick angled left
61-64 Turning ¼ turn left step left foot slightly back and pop right knee, left knee, right knee, left knee

Turn by pivoting on each foot while popping your knees

REPEAT
