

D & L Cha Cha

COPPER KNOB
STEPSHEETS

拍数: 0 墙数: 1 级数: Intermediate
编舞者: Laurie Schlekeway-Burkhardt (USA) & Dustin Burkhardt (USA)
音乐: Man to Man - Gary Allan



Sequence: For the Gary Allen song, the dance will be AB, AAB, AAAA To Finish. For any other song, just do the whole A & B throughout

PART A

STEP, ROCK STEP FORWARD, FULL TURN, ROCK STEP BACK

- 1 Step to right with right foot
- 2 Rock left foot behind right
- 3 Rock weight back onto right foot
- 4-6 Make a full turn to left, starting left, right, left
- 7 Rock right foot behind left and bow down
- 8 Rock weight back onto left standing back up

ROCK STEP FORWARD, COASTER STEP, 2 PIVOTS MAKING FULL TURN

- 1 Rock forward on right foot
- 2 Rock back on left foot
- 3&4 Step back on right foot, step left in place, step forward on right
- 5-6 Step forward on left, pivot $\frac{1}{2}$ turn to right with weight on right foot
- 7-8 Step forward on left, pivot $\frac{1}{2}$ turn to right with weight on right foot

CROSS STEP WITH $\frac{1}{4}$ TURN, LEFT COASTER STEP, WALK RIGHT LEFT, RIGHT COASTER STEP

- 1-2 Cross left over right, step back on right foot while making a $\frac{1}{4}$ turn to the left
- 3&4 Step left back, step right in place, step left forward
- 5-6 Walk forward right, left
- 7&8 Step right back, step left in place, step right forward

PRISSY WALKS, STEP AND CROSS, STEP AND CROSS

- 1-4 Cross left over right, cross right over left, cross left over right, cross right over left
- 5&6 Step left to left side, step right in place, cross left over right
- 7&8 Step right to right side, step left in place, cross right over left

ROCK STEP FORWARD, TRIPLE $\frac{1}{2}$ TURN, SEXY WALKS

- 1-2 Rock forward on left, rock back on right
- 3&4 Make a $\frac{1}{2}$ turn to left doing a triple step - left, right, left
- 5-8 Walk forward on right, hold, walk forward on left, hold (make the walk look sexy)

ROCK STEP FORWARD, $\frac{1}{4}$ TURN SIDE SHUFFLE, SEXY CROSS WALK STEPS

- 1-2 Rock forward on right, rock back on left
- 3&4 Making $\frac{1}{4}$ turn to right, do a side shuffle - right, left, right
- 5-8 Cross left foot over right, hold, step right to right side, hold (make the walk look sexy)

JAZZ BOX, SCUFF AND SCOOT, ROCK STEP FORWARD

- 1-4 Step left over right, step back on right, step left to left side, step right in place
- 5&6 Scuff left foot up, scoot-hop on right foot, step down on left
- 7-8 Rock forward on right, back on left

LOCK, FULL TURN, CROSS ROCK STEP, SKIP-STEP

- 1-2 Lock right behind left and unwind $\frac{1}{2}$ to right putting weight on right

- 3-4 Rock left foot over right, rock back onto right
5-8&- Full turn to left starting left, right, left, right, skip-step left

PART B

KICK BALL CROSS, ROCK AND CROSS, FULL TURN, FORWARD ROCK STEP

- 1&2 Kick left forward, step left in place, cross right over left
3&4 Step left out to left, replace back to right, step left forward
5-6 Make full turn to left moving forward - step back on right making $\frac{1}{2}$ turn to left, step forward on left making $\frac{1}{2}$ turn to left
7-8 Rock forward on right, rock back on left

$\frac{1}{4}$ TURN, SIDE SHUFFLE, STEP HOLD, $\frac{1}{4}$ TURN, STEP HOLD, HIP GRINDS, SKIP-STEP

- 1&2 Turning $\frac{1}{4}$ to right, do a side shuffle right, left, right
3-4 Step forward on left, hold
5-6 Make a $\frac{1}{4}$ turn to left (front wall) and step right to right side, hold
7-8&- Hip grind left, hip grind right, skip-step down on left

REPEAT
