Cuttin' A Rug

拍数: 40

编舞者: Barry Amato (USA)

音乐: Fifty-Fifty - Keith Stegall

SIDE STEP, CROSS STEP, KICKS

- 1 Step to the right with right foot
- 2 Crossing in front of right foot, step to the right with left foot
- 3 Kick right foot forward
- 4 Kick right foot to the right side
- 5 Step right foot home
- 6 Kick left foot forward
- 7 Kick left to left side
- 8 Step left foot home

HITCH TOUCH BACK, HITCH, TOUCH, STEP, HITCH, ¼ TURN

- 9 While crossing arms, hitch right knee
- 10 Uncrossing arms, touch right toe back
- 11 Repeat step 9
- 12 Uncrossing arms, step right foot home
- 13 Touch left ball in front
- 14 Step forward on left foot
- While making 1/4 turn to left, hitch right knee an both hands 15
- 16 Touch right foot home

ARM THRUSTS, ARM BENDS, TOUCH BACK & ARM SWINGS

- 17 Make a fist, thrust right arm straight forward
- 18 Making a fist, thrust left arm straight forward
- 19 Bring right fist back, bending arm
- 20 Bring left fist back, bending arm
- 21 While swinging arms down and back, touch right toe back and to the left
- 22 Step right foot home
- 23 While swinging arms down and back, touch left toe back and to the right
- 24 Step left foot home

WALK, SYNCOPATED OUT, SYNCOPATED IN

- 25 Walk forward on right foot
- 26 Walk forward on left foot
- & Step to right on right foot
- 27 Step to left on left foot and snap right and left fingers straight out in front
- & Step right foot home
- 28 Step left foot home
- 29-32 Repeat 25 thru 28

KICK, STEP BACK, LOOK, LOOK, HIP SCOOPS, KICK BALL CHANGE (1/4 TURN)

- 33 Kick right foot forward
- 34 Step right foot back
- 35 Look back
- 36 Look forward
- 37 Hip scoop
- 38 Hip scoop, taking weight to left foot





墙数: 2

级数:

- 39 Kick right foot forward
- & Step on right foot while making ¼ turn to left
- 40 Step on left foot

REPEAT