Cumbia Dance-A-Thon

拍数: 32   **墙数:** 1   **级数:** Improver

编舞者: Irene Groundwater (CAN)

音乐: La Cumbia - G. Kajanus

FORWARD, FORWARD, FORWARD, KICK BACK, FORWARD, FORWARD, FORWARD, KICK BACK
Circling left ¾ turn on these 8 counts, ending at 3:00

1-2	Left forward turning left, right forward turning left
3-4	Left forward turning left, right kicks back while head tilts back
5-6	Right forward turning left, left forward turning left
7-8	Right forward turning left, left kicks back while head tilts back

Optional: Hands circle each other in front of chest on steps 1,2,3 and 5,6,7

LEFT VINE WITH RIGHT HEEL, RIGHT VINE WITH LEFT HEEL

9-10-11	Side step left, right behind left, side step left
12	Tap right heel turning body to the right ¼ turn right on step
13-14-15	Side step right facing 3:00, left behind right, side step right
16	Tap left heel turning body to the left ¼ turn left on step

Optional: Point first finger of each hand forward on steps 12 and 16

LEFT BODY DIP, TURN, TWO CLAPS, RIGHT BODY DIP, TURN, TWO CLAPS

17	Bring weight onto left ball which swivels ¼ turn right as
18-19	Body dips left with ¼ turn right as right ball swivels right
&20	Clap, clap
21	Bring weight onto right ball which swivels ¼ turn left as
22-23	Hip sways right, body turns ¼ turn left as left ball swivels left
&24	Clap, clap

Optional: Swivel on heel instead of ball of foot on steps 19 & 23. Or use hip & shoulder shimmy on counts 18-19 & 22-23

FORWARD, BACK, BACK, HOLD, BACK FORWARD, FORWARD, ¼ TURN LEFT

25-26	Left forward, right back
27-28	Left back, hold
29-30	Right back, left forward
31-32	Right forward, hold (pivoting ¼ turn left on right ball on hold)

Optional: Subtle Cuban motion on last 8 counts

REPEAT
If you make a full turn on the 1st 8 counts of the dance for the initial dance pattern only, the home wall will always be at the 12:00 wall. If you only make ¾ turn on the initial 1st 8 counts of the dance, you either have to start the dance on the 9:00 wall or the dance pattern will always end up on the 3:00 wall being the home wall instead of the 12:00 wall.