

Cuban Walk

拍数: 32 墙数: 2 级数: Beginner - rumba
编舞者: Hank Dahl (USA) & Mary Dahl (USA)
音乐: I Just Want to Dance With You - George Strait



Really accentuate the Cuban motion for this dance. On steps with the right foot, straighten the right knee and bend the left knee. On steps with the left foot, straighten the left knee and Bend the right knee. On the hold, touch the free toe next to the weighted foot

RUMBA BOX: SIDE, TOGETHER, BACK, HOLD, SIDE, TOGETHER, FORWARD, HOLD

1-4 Step side right, step together left, step back right, hold
5-8 Step side left, step together right, step forward left, hold

CUBAN WALK

9-12 Step side right, step together left, step side right, hold
13-16 Step together left, step side right, step together left, hold

RIGHT ROCK SIDE, RECOVER, CROSS

17-18 Step side right rocking weight over right hip and foot, recover weight to left hip and foot
19-20 Step right across left which will move you slightly forward, hold (11:00)

LEFT ROCK SIDE, RECOVER, CROSS

21 Step side left rocking weight over left hip and foot (12:00), recover weight to right hip and foot
23-24 Step left across right which will move you slightly forward, hold (1:00)

¼ TURN, RECOVER, ¼ TURN, RECOVER

25 Leaving left foot in place, step forward onto right to face ¼ turn to left (9:00)
26 Leaving right foot in place, shift weight to left
27 Leaving left foot in place, step forward onto right to face ¼ turn to left (6:00)
28 Leaving right foot in place, shift weight to left

CANTER, CLOSE (AKA, SIDE, DRAW, TOGETHER)

29 Lunge to side right (step large step to side right with bent knee, leaving left foot in place with toe pointed)
30-31 Draw left toe in towards right as you straighten right knee
32 Step together left

REPEAT