

# Cuban Conga

拍数: 0      墙数: 1      级数: Improver contra dance  
编舞者: Rob Fowler (ES)  
音乐: Cuban Pete - Glenn Rogers



Sequence: ABAC ABAC ABAC

## PART A

### ROCK, RECOVER, SIDE SHUFFLE TWICE

1-2            Rock left over right, recover (clap left hand with person opposite)  
3&4            Left to the left, right next to left, left to left  
5-6            Rock right over left, recover, (clap right hand with person opposite)  
7&8            Step right to the right, left next to right, step right to right

### STEP PIVOT ½ TURN, LEFT SHUFFLE FORWARD &, ROCK AND LEFT COASTER STEP

1-2            Step forward left, make ½ turn right, weight forward onto right  
3&4            Step left forward, step right next to left, step left forward  
&5-6          Step right next to left, step forward left, rock back onto right  
7&8            Step left back, step right next to left, step left forward

## PART B

### ROCK, RECOVER, SIDE SHUFFLE TWICE

1-2            Rock right over left, recover (clap right hand with person opposite)  
3&4            Step right to the right, left next to right, step right to the right  
5-6            Rock left over right, recover, (clap left hand with person opposite)  
7&8            Step left to the left, right next to left, step left to left

### STEP PIVOT ½ TURN, RIGHT SHUFFLE FORWARD &, ROCK AND RIGHT COASTER STEP

1-2            Step forward right, make ½ turn left, weight forward onto left  
3&4            Step right forward, step left next to right, step right forward  
&5-6          Step left next to right, step forward right, rock back onto left  
7&8            Step right back, step left next to right, step right forward

### SIDE ROCK, CROSS SHUFFLES TWICE

1-2            Rock left to left side, recover on right  
3&4            Cross left over right, step right to right side and cross left across right  
5-6            Rock right to right side, recover weight onto left  
7&8            Cross right over left, step left to left side, and cross right over left

### ROCK STEP ½ TURNING SHUFFLE, ROCK AND COASTER

1-2            Rock forward onto left, recover weight onto right  
3&4            Step left ¼ turn to left, step right next to left, step left ¼ turn to left  
5-6            Rock forward onto right, recover weight onto left  
7&8            Step back on right, step left next to right step forward on right

### SIDE ROCK, CROSS SHUFFLES TWICE

1-2            Rock left to left side, recover on right  
3&4            Cross left over right, step right to right side and cross left across right  
5-6            Rock right to right side, recover weight onto left  
7&8            Cross right over left, step left to left side, and cross right over left

### ROCK STEP ½ TURNING SHUFFLE, ROCK AND COASTER

- 1-2 Rock forward onto left, recover weight onto right
- 3&4 Step left ¼ turn to left, step right next to left, step left ¼ turn to left
- 5-6 Rock forward onto right, recover weight onto left
- 7&8 Step back on right, step left next to right step forward on right

**PART C**

**"Like the birdie dance" walk round in a circle holding the hand of the person opposite**

**WALKING TO THE RIGHT**

- 1-4 Walk right, left right, kick left to left side
- 5-8 Walk left, right, left, kick right to right side
- 9-12 Walk right, left right, kick left to left side
- 13-16 Left shuffle forward, ½ turn shuffle right

**WALK TO THE LEFT**

- 1-4 Walk left, right, left, kick right to right side
  - 5-8 Walk right, left right, kick left to left side
  - 9-12 Walk left, right, left, kick right to right side
  - 13-16 Right shuffle forward, left shuffle back (turning into center to face partner - ready to start again)
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