

Cubacha

拍数: 32 墙数: 4 级数: Intermediate/Advanced
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音乐: Cuba 2000 - Kluger Vangarde



HIP MOVEMENTS, CHA-CHA, ROCK STEP, CHA-CHA

- 1 Step out on your right foot to the right
- 2 Put your left foot next to your right foot
- & Put your weight on your left foot
- 3 Step out on your left foot
- 4 Put your weight into your left hip
- & Put your left foot next to your right foot
- 5 Step out on your right foot to the right
- 6 Rock left foot forward
- 7 Rock back on right foot
- 8 Left foot step to left side
- & Right foot step next to left foot
- 1 Left foot step to left side, while doing this turn $\frac{1}{4}$ to the left

RONDE, CHA-CHA BACKWARDS, KICK HOLD, FULL TURN 4/4

- 2 Make a ronde with your right foot
- 3 Put your weight on your right foot
- 4 Step back on your left foot
- & Cross your right foot next to your left foot
- 5 Step back on your left foot
- 6 Kick your right foot in front
- & Step back on your right foot and put your weight on it
- 7 Slide your left foot in front of your right foot and hold
- 8 Put your weight on your left foot
- & Turn $\frac{4}{4}$ over your left shoulder
- 1 Step out on your left foot

WALK, WALK, JUMP AND LOCK, HOLD, RONDE $\frac{3}{4}$, STEP ACROSS, TOUCH

- 2 Step in front on your right foot
- 3 Step in front on your left foot
- & Jump in front on your right foot and stand on your toes
- 4 Lock your left foot behind your right foot
- 5 Hold
- 6 Put your weight on your right foot
- & Cross your left foot slightly in front of your right foot
- 7 Turn $\frac{3}{4}$ over your right shoulder and make a ronde with your right foot
- 8 Put your right foot behind left foot
- & Step left foot to left side
- 1 Touch right foot diagonally forward to right side

STEP ACROSS, TOUCH, CHA-CHA, FULL TURN 4/4, RONDE, COASTER STEP

- & Step right foot next to left foot
- 2 Step left foot across right foot
- & Step right foot to right side
- 3 Touch left foot diagonally forward to left side
- & Put your left foot next to your right foot

- 4 Step forward on your right foot
- & Lock your left foot next to your right foot
- 5 Step forward on your right foot
- 6 Step forward on your left foot
- 7 Turn 4/4 over your right shoulder and make a ronde with your right foot
- 8 Step back on your right foot
- & Put your left foot next your right foot

REPEAT
