

Cuba

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Laia Penya (SG) & Marina Esquiva (ES)
音乐: Represent - Orishas



STEP, STEP, TRIPLE STEP, TRIPLE STEP, ROND DE' JAMBE ¾ RIGHT

- 1 Step right foot forward
- 2 Step left foot forward
- 3 Step right foot behind left
- & Recover weight into left
- 4 Recover weight into right
- 5 Step left foot behind right
- & Recover weight into right
- 6 Recover weight into left
- 7-8 Rond de' jambe with right foot turning ¾ to the right

HEEL, HEEL, STEP ¼ TURN LEFT (TWICE)

- 1 Heel right foot forward
- & Right foot return next to left foot
- 2 Heel left foot forward
- & Left foot return next to right foot
- 3 Step right foot forward
- 4 Turn ¼ to the left
- 5 Heel right foot forward
- & Right foot return next to left foot
- 6 Heel left foot forward
- & Left foot return next to right foot
- 7 Step right foot forward
- 8 Turn ¼ to the left

HEEL, HEEL, STEP TURN ½ FLICK, FULL TURN, TRIPLE STEP

- 1 Heel right foot forward
- & Right foot return next to left foot
- 2 Heel left foot forward
- & Left foot return next to right foot
- 3 Step right foot forward
- & Turn ½ to the left, flick right foot
- 4 Step right forward
- 5 Full turn to the right on the right foot
- 6 Step left foot forward
- 7 Step right foot forward
- & Left foot next to the right foot
- 8 Step right foot forward

TRIPLE STEP, BALL STEP TOUCH, TURN ½, HIP BUMPS

- 1 Step left foot forward
- & Right foot next to the left foot
- 2 Step left foot forward
- 3 Step slightly back on the right ball
- & Step left foot forward
- 4 Touch right toe beside left heel

- 5 Step right foot forward
- & Turn $\frac{1}{2}$ to the left
- 6 Right foot recover to the left foot
- 7 Hip bump to the right
- 8 Hip bump to the left

REPEAT

RESTART

In the 6th wall, begin with the 8 first counts and then restart

In the 11th wall, begin with the 16 first counts and then restart
