

Crystal Hero

COPPER KNOB
BY STEPHENETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Lorraine Susan Taylor (UK)
音乐: Crystal Blue - Daniel Ray Edwards



POINT, TURN RIGHT, HOOK, ROCK, BACK LOCK

1-2 Point right toe forward, turn $\frac{1}{2}$ to right on ball of left foot, hook right foot over left leg
3&4 Step right foot forward, close left foot to right foot, step right foot forward
5-6 Step left foot forward, rock back onto right foot
7&8 Step left foot back, cross right foot over left foot, step left foot back

$\frac{1}{4}$ TURN RIGHT, HIP BUMPS, DRAG, BALL CHANGE, PIVOT

1 Turning $\frac{1}{4}$ to right, step right foot to right, bumping hips to right
2 Rock weight onto left foot, bumping hip to left
3-4 Push right foot out to the right and drag left foot towards right foot
&5 Cross ball of left foot behind right foot, replace weight onto right foot
6 Step left foot forward turning $\frac{1}{4}$ to left
7-8 Step right foot forward, pivot $\frac{1}{2}$ turn to left (weight ends on left foot)

ROCK, STEP, TRIPLE TURN, ROCK, STEP, CROSS, STEP, CROSS

1-2 Step right foot forward, rock back onto left foot
3&4 Triple step right, left, right turning a full turn to right, (or triple step on the spot)
5-6 Step left foot forward, rock back onto right foot
7&8 Cross left foot behind right foot, step right foot small step to right, cross left foot over right foot

POINT, HITCH, STEP, CROSS, STEP, ROCK, STEP, $\frac{1}{4}$ TURN SHUFFLE

1-2 Point right toe to right, hitch right knee
3&4 Step right foot to right, cross left foot behind right foot, step right foot to right
5-6 Cross left foot over right foot, rock back onto right foot
7&8 Turning $\frac{1}{4}$ to left, step left forward, close right foot to left foot, step left foot forward

REPEAT
