# Deshney



拍数: 32 墙数: 4 级数: Advanced

编舞者: Raymond Sarlemijn (NL) 音乐: 2000 Watts - Michael Jackson



#### In Memorial To My Best Friend

#### STEP OUT, KICK, KICK AND POSE

Rock right to side

Bend your knees inward and bend your left arm in front of your shoulder and your right arm is straight to the right side

Hold

Bend your knee to the outside bend your right arm in front of your shoulder and stretch your left arm to the side and keep it straight.

Hold

Bend your knee to the inside bend your left arm in front of your shoulder and your right arm is straight to the right side

Hold

Bend your knee to the outside bring your left hand to your hip and your right hand next to your head & right hand to your hip and your left hand next to your head

Recover to left, stomp/touch right together

Bring your left hand to your hip and your right hand next to your head

Kick right forward Hold your arms next to your body

&6 Step right together, kick left forward

7&8 Rock right forward, recover to left, turn 1/4 right and step right together

Hold your both arms above your head and stretch it

#### STAND, BOUNCE, HOPPING AROUND

Step out on both

While doing this, bend your knees to the outside. Bounce your both shoulders to the inside

Bend your knees to the inside bounce your shoulder to the back

Hold

Bend knees straight bounce your shoulders natural

Step out on left

Bring your left shoulder to the front & bring your right shoulder to the back

Hold

Bounce your left shoulder in the front

Slide right next to left

Bend your right arm in front of your body and stretch your left arm to the side

& Hop ¼ to the left

Hold your arm like no. 5

Hop ¼ to the left

Hold your arm like no. 5

Hop ¼ to the left

Hold your arm like no. 5

7 Hop ¼ to the right

Bend your left arm in front of your body and stretch your right arm to the side

Hop ¼ to the right

Hold your arms like no. 7

Hop 1/4 to the right

Put your both arms next to your body

#### KICK BALL CHANGE, 1/4 TURN, BOUNCE, ROBOT MOVE

1&2 Kick right forward, step right together, step left forward

Bring your right fist in front of your stomach and hold your left arm next to your hip

3 Turn ¼ to the right

Bring your right arm next to your face, hold your hand open & look to the left, while doing this pretend that your pushing your face to the left

& Hold

Bend, turn your knees to the inside

4 Turn to front5 Step out on right

Pop chest in

k rock to leftrecover to right

Pop chest out

7 Hold

Bend through your right knee and lean your back to the side bring your right arm in front of your body and left arm backwards

8 Weight to left

Chest forward. Arm movements follow your body

# SLIDE TOGETHER, ROBOT MOVE, STEP OUT, STEP 1/4 AND BOUNCE AROUND

1 Slide right next to left

Bring your left arm in front and your right arm to the back

2 Step out on your right

Hold your body backwards hold your arms like no. 1

3 Turn ¼ left Keep your hands in front 4 Hold

Bend through your right knee and your body hanging to the side bring your right arm in front of your body and left arm backwards

5 Hold

Body roll to the left and make it bouncing and finish the body roll until count 8

6 Hold 7 Hold

& Stand on both legs

Put your right shoulder up

8 Stomp left next to right

Bring your left shoulder up & bring your right shoulder down

### **REPEAT**

### **TAG**

After 2 times you get a small break of 4 counts do whatever you want, but make it funky (free expression)

#### **TAG**

#### After the 4th time your get a break of 32 counts make robot moves

1 Step out on your right

2 Hold

3 Step out on your left

4 Hold

5 Step out on your right 6 ¼ turn to the left

7 Bend through your right knee and lean your body to the right

8 Slide your right next to your left

# This you do 4 times

