

拍数: 64

级数: Intermediate

编舞者: Adrian Churm (UK)

音乐: Things - Robbie Williams

WEAVE RIGHT, ROCK CROSS, WEAVE LEFT, ROCK CROSS

- 1-4 Step right foot to the side, step left behind right, step right foot to the side, step left in front right
- 5-8 Step right foot to the side, replace weight onto left foot, step right in front of left, hold
- 1-4 Step left foot to the side, step right behind left, step left foot to the side, step right in front of left
- 5-8 Step left foot to the side, replace weight onto right foot, step left in front of right, hold **Rhythm QQQQ QQS QQQQ QQS**

SWAY, TWO SAILOR STEPS, HEEL TURN MAKING A QUARTER LEFT

- 1-4 Step right foot to the right side, sway body to right, replace weight onto left, sway back to center
- 5-8 Step right behind left, step left foot to the side, step right foot to right side, hold
- 1-4 Step left behind right, step right foot to the side, step left foot to left side, hold
- 5-8 Step right foot back allowing left foot to draw up to right foot over two counts, with feet together make a 1/4 turn left on both heels over two counts

Rhythm SS QQS QQS SS

LOCK STEPS FORWARD, SYNCOPATED ROCK HALF TURN, SHUFFLE HALF TURN

- 1-4 Step right foot forward, cross left behind right, step right foot forward, hold
- 5-8 Step left foot forward, cross right behind left, step left foot forward, hold
- 1-4 Step right foot forward & across left, rock back onto left foot and make a half turn right, step forward with right foot, hold
- 5-8 Make a quarter turn right and step left foot to the left side, close right foot to left, make a quarter turn right and step left foot back, hold

Rhythm QQS QQS QQS QQS

LOCK STEPS BACK, COASTER STEP, ROCK FORWARD & TOUCH

- 1-4 Step right foot back, hold, cross left foot in front of right, hold
- 5-8 Step right foot back, cross left foot in front of right, step right foot back, hold
- 1-4 Step left foot back, close right to left, step left foot forward, hold
- 5-8 Step right foot forward, rocks back onto left, touch right foot next to left, hold

Rhythm SS QQS QQS QQS

REPEAT





墙数:4