

Deeply Dippy

拍数: 0 墙数: 0 级数:
编舞者: Pam Cohen
音乐: Deeply Dippy - Right Said Fred



Sequence: 16 count introduction, AABC, AABC, 20 count bridge, BBC, 20 Count Bridge, ABBBC

PART A

TURN RIGHT, BACK HITCH LEFT, STEP LEFT, HEEL DIG RIGHT, STEP RIGHT, HEEL DIG LEFT, PIVOT A ½ TURN RIGHT, STEP A ¼ TURN RIGHT

- 1-2 Sharp turn right lifting left heel, hitch left foot behind
- 3-4 Step left foot in place, heel dig right forward
- &5 Step right next to left, heel dig left forward
- 6 Pivot ½ turn right, transferring weight from left heel to right foot
- 7-8 Step left forward, ¼ turn right

JAZZ BOX, HEEL GRIND WITH ¼ TURN RIGHT, STEP RIGHT NEXT TO LEFT, HEEL JACK LEFT

- 1-2 Cross left over right, step back on right
- 3-4 Step to left side, close right beside left
- &5-6 Step left in place, heel grind ¼ turn right, touch right next to left
- &7 Step diagonally back right, touch left heel diagonally forward
- &8 Step left to center, touch right beside left

PART B

STEP CLOSE STEP, RIGHT, LEFT, RIGHT, TOUCH LEFT, SKATE LEFT, RIGHT, LEFT, TOUCH RIGHT

- 1-4 Step right diagonally forward, close left behind right, step right diagonally forward, touch left
- 5-6 Skate left diagonally forward, skate right diagonally forward
- 7-8 Skate left diagonally forward, touch right beside left

FORWARD ROCK TRIPLE FULL TURN RIGHT, FORWARD ROCK TRIPLE ¾ TURN LEFT

- 1-2 Rock forward on right, rock back on left
- 3&4 Step right, left, right, making a full turn right
- 5-6 Rock forward on left, rock back on right
- 7&8 Step left, right, left, making ¾ turn left

STEP CLOSE STEP, RIGHT, LEFT, RIGHT, TOUCH LEFT, SKATE LEFT, RIGHT, LEFT, TOUCH RIGHT

- 1-4 Step right diagonally forward, close left behind right, step right diagonally forward, touch left
- 5-6 Skate left diagonally forward, skate right diagonally forward
- 7-8 Skate left diagonally forward, touch right beside left,

BACK LOCK RIGHT, STEP RIGHT BACK, BACK LOCK LEFT, STEP LEFT BACK, ROCK TO RIGHT AND LEFT SIDE

- 1-3 Step back right, lock left across right, step back right
- 4-6 Step back left, lock right across left, step back left
- 7-8 Rock right to right side, rock left to left side

PART C

FIGURE OF 8 GRAPEVINE STARTING RIGHT FOOT TO RIGHT SIDE IN 12 COUNTS

- 1-2 Step right to right side, cross left behind right
- 3-4 Step right ¼ turn right, step forward on left
- 5-6 Pivot ½ turn right, pivot ¼ right on ball of foot and step left to left side
- 7-8 Cross right behind left, step left ¼ turn left

- 9-10 Step forward on right, pivot $\frac{1}{2}$ turn left, pivot $\frac{1}{4}$ turn left on ball of left foot
11-12 Step right to right side, step left in place

20 COUNT BRIDGE

MONTEREY $\frac{1}{2}$ TURN TWICE, LUNGE RIGHT CLOSE LEFT, LUNGE LEFT CLOSE RIGHT, HEEL BOUNCE TWICE, HEEL SPLIT TWICE (OR APPLEJACK)

- 1-2 Touch right to right side, on ball of left make $\frac{1}{2}$ turn right, stepping right beside left
3-4 Touch left to left side, step left behind right
5-8 Repeat last 4 counts
1-2 Step right to right side with bent knee, left leg extended to left side
3-4 Drag left to close beside right
5-6 Step left to left side with bent knee, right leg extended to right side
7-8 Drag right to close beside left,
1-2 With weight on balls of feet, lift and drop heels, twice
3-4 Split heels apart, return heels to center, twice, (or applejacks for 4 counts)

To end, lunge right to right side, drag left to right.
