

Deeper Shade Of Steps

拍数: 32 墙数: 4 级数: Improver
编舞者: Louise Moss (UK)
音乐: Deeper Shade of Blue - Steps



TOUCH, ANGLED KICK, CROSS & UNWIND $\frac{3}{4}$ TURN RIGHT, SHUFFLES

- 1-2 Touch right foot next to left, kick right to right diagonal
- 3 Cross right behind left
- 4 Unwind $\frac{3}{4}$ turn to right
- 5&6 Step forward left, close right to left, step left forward
- 7&8 Step right forward, close left to right, step right forward

ROCK & RECOVER, 1 $\frac{1}{2}$ LEFT TURN, SHUFFLE, CROSS ROCK & RECOVER

- 1-2 Rock forward on left foot, recover on right
- 3-4 $\frac{1}{2}$ turn left pivoting on ball of right stepping left forward, $\frac{1}{2}$ turn left pivoting on ball of left foot, step right foot back and $\frac{1}{2}$ turn left pivoting on ball of right foot

Left foot remains off floor ready for left shuffle (1 $\frac{1}{2}$ turns in all). If you cannot manage 1 $\frac{1}{2}$ turns, pivot half turn left placing left forward, step forward right

- 5&6 Step forward left foot, close right to left, step forward onto left foot
- 7-8 Cross rock right foot over left, rock back onto left

STEP, KNEE SWIVELS IN & OUT, $\frac{1}{4}$ TURN LEFT, KICK, COASTER, $\frac{1}{4}$ TURN LEFT

- 1 Step right foot next to left with weight on right
- 2 Swivel left knee in towards right on ball of left foot
- 3 On ball of left foot swivel left knee out and swivel $\frac{1}{4}$ turn left on balls of feet
- 4 Kick left foot forward
- 5&6 Step back on left foot, step right next to left, step forward on left foot
- 7-8 Step forward on right and pivot on balls of both feet $\frac{1}{4}$ turn left

WEAVE, LEFT, ROCK & RECOVER, SIDE SHUFFLE

- 1-2 Step right foot across left, step left to left side
- 3&4 Step right foot behind left, step left to left side, step right across left
- 5-6 Rock left foot out to left side and recover on right foot
- 7&8 Step left foot across right, step right to right side, step left across right, with weight on left

REPEAT

Dance starts when the beat picks up as the words "so far away" echoes. The music slows near the end, do not slow down (carry on at normal pace)