

# Deep Within

拍数: 32      墙数: 1      级数: Improver  
编舞者: Sharon May (UK)  
音乐: Spanish Eyes - Backstreet Boys



## SIDE STEPS & CROSS TWICE, ROCK STEP, 1½ TURNS, STEP

- 1&2      Step right to right side, step left beside right, cross right over left  
3&4      Step left to left side, step right beside left, cross left over right  
5-6      Rock forward onto right, rock back onto left  
7&8      Step back right making a ½ turn over right shoulder, step forward onto left making ½ turn over right shoulder, step back onto right making ½ turn over left shoulder (1 ½ turns)

## ROCK STEP WITH A LIFT, COASTER STEP, ¼ TURN, WALTZING SHUFFLE

- 9-10      Rock forward onto left with knees slightly bent, rock back onto right  
**As you rock back straighten the leg and raise up onto the ball of the foot. The foot in front should automatically lift with toes pointing forward. The fingers should be touching lightly at waste level during this movement and then brought up to chest level and then moved forward and out.**  
11&12      Step back left, step right beside left, step forward left  
13-14      Rock forward onto right, rock back onto left making a ¼ turn left  
15&16      Cross right over left, step left to left side, cross right over left.

## SIDE STEPS & CROSS TWICE, ROCK STEP, 1½ TURNS, STEP

- 17&18      Step left to left side, step right beside left, cross left over right  
19&20      Step right to right side, step left beside right, cross right over left  
21-22      Rock forward onto left, rock back onto right  
23&24      Step back left making ½ turn over left shoulder, step forward onto right making ½ turn over left shoulder, step back onto left making ½ turn over right shoulder (1 ½ turns)

## ROCK STEP WITH A LIFT, COASTER STEP, ¼ TURN, WALTZING SHUFFLE

- 25-26      Rock forward onto right with knees slightly bent, rock back onto left  
**The same as for steps 9-10**  
27&28      Step back right, step left beside right, step forward right  
29-30      Rock forward onto left, rock back onto right making a ¼ turn right  
31&32      Cross left over right, step right to right side, cross left over right

REPEAT

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