Deep River Blues

拍数: 32

级数: Intermediate

编舞者: Linda Babli (USA)

音乐: Deep River Blues - The GrooveGrass Boyz

This dance is very similar to my dance "Breakin' All The Rules"

RIGHT TOUCH OUT, IN, RIGHT COASTER-STEP; LEFT TOUCH OUT, IN, LEFT COASTER-STEP

- 1-2 Touch right toe to right side, touch right toe next to left
- 3&4 Step back right, together left, forward right
- 5-6 Touch left toe to left side, touch left toe next to right
- 7&8 Step back left, together right, forward left

HITCH, TURN, HITCH, TURN, HITCH, TURN, HITCH, TURN; RIGHT BRUSH-HITCH-CROSS, LEFT **BRUSH-HITCH-CROSS**

On steps &1 through &4, try bumping your hip to the right as you point the right toe to the right side

- Hitch right bending knee slightly across left &
- 1 While pivoting 1/8 turn left on the ball of the left, point right to right side
- & Hitch right bending knee slightly across left
- 2 While pivoting 1/8 turn left on the ball of the left, point right to right side
- & Hitch right bending knee slightly across left
- 3 While pivoting 1/8 turn left on the ball of the left, point right to right side
- & Hitch right bending knee slightly across left
- 4 While pivoting 1/8 turn left on the ball of the left, point right to right side

On steps 5&6 and 7&8, during the hitch, try to lift knee "almost" to waist height while "slightly" hopping on opposite foot

- 5&6 Brush right forward, hitch right, cross/step right over left
- 7&8 Brush left forward, hitch left, cross/step left over right

UNWIND ½ TURN RIGHT, CLAP; ¼ TURN HEEL DROPS; ½ TURN HEEL DROPS; COASTER STEP

- 1-2 Unwind 1/2 turn right, clap
- 3&4 Bending both knees, lift and tap both heels 3 times, straightening knees a little each time until they are no longer bent, while making a 1/4 turn to the left
- Bending both knees, lift and tap both heels 3 times, straightening knees a little each time until 5&6 they are no longer bent, while making 1/2 turn to the right. End with weight on left
- 7&8 Step back right, together left, forward right

STEP, PIVOT, LEFT-LOCK-LEFT, STEP-BACK RIGHT, LEFT HEEL FORWARD, STOMP LEFT, RIGHT,

- LEFT
- 1-2 Step forward left, pivot 1/2 turn right
- 3&4 Step forward left, slide right behind left, step forward left
- 5-6 Step back right, touch right heel forward
- Stomp in place left, right, left 7&8

REPEAT





墙数:4