

# Deep Down

拍数: 42      墙数: 4      级数: Intermediate  
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音乐: Deep Down - Pam Tillis



## TOE TOUCHES, KICK BALL CHANGE, SAILOR SHUFFLE

- 1            Moving slightly forward, touch right toe to floor
- 2            Hold
- 3            Moving slightly forward, touch left toe to floor
- 4            Hold
- 5&6        Kick right foot forward, quickly step on ball of right foot, step on left
- 7&8        Step right foot behind left foot, quickly step on ball of left foot to left side, step on right

## TOE TOUCHES, KICK BALL CHANGE, SAILOR SHUFFLE

- 9            Moving slightly forward, touch left toe to floor
- 10          Hold
- 11          Moving slightly forward, touch right toe to floor
- 12          Hold
- 13&14      Kick left foot forward, quickly step on ball of left foot, step on right foot
- 15&16      Step left foot behind right foot, quickly step on ball of right foot to right side, step on left

## STEP, STEP, HIP ROLLS, SHUFFLE, SHUFFLE

- 17          Walk forward on right foot
- 18          Walk forward on left foot (shift weight slightly back to right)
- 19&20      Bend knees slightly, roll hips back and forward twice
- 21&22      Shuffle forward right, left, right
- 23&24      Shuffle forward left, right, left

## FULL TURN, SHUFFLE, SHUFFLE WITH ½ TURN, ROCK STEPS

- 25          Step forward on right foot, pivoting on balls of both feet, turn ½ turn to left
- 26          Step back on left foot, pivoting on balls of both feet, turn ½ turn to left
- 27&28      Shuffle forward right, left, right
- 29&30      Shuffle forward left, right, left making a ½ turn to right
- 31          Rock back on right foot
- 32          Step (rock) forward on left foot

## STEP, STEP, KICK BALL CHANGE, TOUCH, CROSS WITH ¼ TURN, TOUCH, STEP/CLAP

- 33          Walk forward right
- 34          Walk forward left
- 35&36      Kick right foot forward, quickly step on ball of right foot, step on left
- 37&38      Kick right foot forward, quickly step on ball of right foot, step on left
- 39          Touch right foot out to right side
- 40          Cross right foot in front of left foot, making ¼ turn left
- 41          Touch left toe to left side
- 42          Step left foot next to right foot and clap

## REPEAT