

The Decision

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Marianne Valentin (DK)
音乐: The Decision - Ricky Van Shelton



This dance is dedicated to my daughter Pernille, who, at the age of 17, had to face this situation and make a decision. The result of her decision became the most beautiful little girl called Laura

CROSS ROCK, SHUFFLE RIGHT, CROSS ROCK, SHUFFLE LEFT

- 1-2 Cross rock right over left, recover onto left
- 3&4 Step right to right, step left beside right, step right to right
- 5-6 Cross rock left over right, recover onto right
- 7&8 Step left to left, step right beside left, step left to left

STEP ½ PIVOT LEFT, STEP ½ PIVOT RIGHT, STEP

- 1-4 Step forward on right, turn ½ left (weight to left), step forward on right, hold
- 5-8 Step forward on left, ½ right (weight to left), step forward on left, hold

TWELVE STEP FIGURE OF EIGHT

- 1-2 Step right to side, cross step left behind right
- 3-4 Turn ¼ right and step right foot forward, step forward left
- 5 Turn ½ right (weight to right)
- 6 Turn ¼ right and step left to side
- 7-8 Cross step right behind left, turn ¼ left and step left foot forward
- 9-10 Step forward right, turn ½ left (weight to left)
- 11-12 Turn ¼ left and step right to side, touch left next to right

SIDE ROCK CROSS, HOLD, SIDE ROCK CROSS, HOLD

- 1-2 Rock left to side, recover weight on right
- 3-4 Cross step left in front of right, hold

Restart here on wall 5

- 5-6 Rock right to side, recover weight on left
- 7-8 Cross step right in front of left, hold

VINE LEFT, TOUCH, VINE ¼ TURN RIGHT, TOUCH

- 1-2 Step left to side, cross step right behind left
- 3-4 Step left to side, touch right next to left
- 5-6 Step right to side, cross step left behind right
- 7-8 Turn ¼ right and step right foot forward, touch left next to right

FORWARD MAMBO, HOLD, BACKWARDS MAMBO, HOLD

- 1-4 Rock forward on left, recover onto right, step left next to right, hold
- 5-8 Rock back on right, recover onto left, step right next to left, hold

STEP ½ PIVOT RIGHT, STEP ½ PIVOT LEFT, STEP, HOLD

- 1-4 Step forward on left, turn ½ right (weight to right), step forward on left, hold
- 5-8 Step forward on right, turn ½ left (weight to left), step forward on right, hold

SIDE ROCK CROSS, HOLD

- 1-2 Rock left to side, recover onto right
- 3-4 Cross step left in front of right, hold

REPEAT

RESTART

Restart on wall 5 after count 4 in section 4
