

Deception

拍数: 32 墙数: 2 级数: Intermediate
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音乐: Trust Yourself - Carlene Carter



JUMP FORWARD, CLAP, BODY GRIND, ½ TURN PIVOT, SCOOT AND STEP

- &1 Jump forward right, left
- 2 Clap
- 3&4 Shift weight to right and do a to the right body grind (shifting weight right, left, right)
- 5 Step left forward
- 6 Keeping right in place, pivot on left ½ turn to right
- &7 Slightly scoot back on left and with a right knee hitch, step right next to left
- 8 Step left forward

As an optional styling move for counts 3 & 4, replace the body grind with "funky" hip roll right, left, right, where more emphasis is placed on hips for of the weight changes as you move to the right

ANGLE SHUFFLE, ¾ TURN, ANGLE SHUFFLE, FULL TURN

- 1&2 Angling diagonal right, shuffle right, left, right
- 3-4 Cross left over right and do a ¾ turn right (now facing at diagonal left)
- 5&6 Angling diagonal left, shuffle left, right, left
- 7-8 Cross right over left and do a full full turn turn (continuing at same diagonal angle)

STEP ROCK TWICE, STEP CROSS STEP, TURN AND HOLD

- 1 Rock right forward
- 2 Recover weight to left
- &3 Pivot on left ¼ left (diagonal left on new wall) and rock forward on right
- 4 Recover weight to left and turn 1/8 to right to now face forward on new wall
- 5 Step right wide side right
- &6 Step left, cross right over left
- &7 Step left next to right, pivoting on left, step right ¼ right
- 8 Hold

ROCK STEP, COASTER STEP, CROSS AND TURN WITH HOPS

- 1 Rock left forward
- 2 Recover weight to right
- 3&4 Step left foot back, step right foot back next to left foot, step forward on left
- 5 Touch right side right
- 6 Cross right over left
- 7&8 Do a full turn left and hop on heels 3 times

REPEAT
