

Dear Beer

拍数: 40 墙数: 2 级数: Improver polka
编舞者: Suzanne Wilson (USA)
音乐: Dear Beer - The Doo-Wah Riders



SHUFFLE ¼ LEFT, SHUFFLE ½ LEFT, STEP BACK RIGHT, ROCK BACK LEFT, RECOVER RIGHT, STEP FORWARD LEFT

1&2 Shuffle ¼ left stepping right, left, right
3&4 Shuffle ½ left stepping left, right, left
5-6 Step back on right, rock back on left
7-8 Recover on right, step forward on left

¼ RIGHT AND WEAWE TO THE LEFT, MONTEREY WITH ¼ TURN, SHUFFLE ¼ TURN

1&2 Step right behind left while making a ¼ right, step left to left, cross right in front of left
3-4 Touch left to left side, on ball of right foot turn ½ left, transferring weight to left,
5-6 Touch right to right side, bring it back with weight while turning ¼ right
7&8 Shuffle ¼ right stepping left, right, left

ROCK BACK RIGHT, RECOVER LEFT, SHUFFLE ½ TURN LEFT, ROCK BACK LEFT, RECOVER RIGHT, KICK BALL CHANGE

1-2 Rock step back on right, recover on left
3&4 Shuffle ½ left stepping right, left, right
5-6 Rock step back on left, recover on right
7&8 Kick left forward, step on ball of left, step on right

KICK & POINTS, STOMP STEP LOCKS FORWARD

1&2 Kick left forward, step on left point right to right side
3&4 Kick right forward, step on right, point left to left side
5&6& Stomp left forward, step right behind left, step left forward, step right behind left
7&8 Stomp left forward, step right behind left, stomp left forward

SHUFFLE BACK, SHUFFLE ½ TURN LEFT, WALK, WALK, STOMP UP & KICK

1&2 Shuffle back right, left, right
3&4 Shuffle ½ left stepping left, right, left
5-6 Step forward right, step forward left
7-8 Stomp right next to left without taking weight, kick right foot in air

REPEAT
